Foreclosure Housing Counseling

Program Description: Housing Counselors provide advice, information and resources to individuals and families experiencing imminent delinquency or foreclosure action against their primary residence. The Housing Counselor assigned to each case supports and guides the client as they navigate through the complex rules, regulations and laws of the foreclosure process including HAMP loan modification, short-sale alternatives, deed-in-lieu choices and mediation. The department is funded by private grants and contracts with the Washington State Housing Finance Commission making the program available at no cost to the client.

Eligibility Criteria: You must be experiencing homelessness or transitioning out of homelessness.

Family Permanent Housing

Program Description: Family Permanent Housing is a program designed to re-house homeless individuals and families within 45 days.

Eligibility Criteria: Participants must be literally homeless in Pierce County and be assessed by Coordinated Entry.

Office Hours: M-F 9 am-5 pm
Contact Information: 253-682-3401

Community Resource Connection Center

Program Description: The Community Resource Connections Center is a one-stop-shop where clients can receive administrative and financial assistance applying for birth certificates, Identification cards, and social security cards. We also assist with Northwest Furniture Bank referrals, the location of community resources to help make your time of crisis more manageable and with the application process for DSHS benefits (i.e. food stamps, medical, childcare, monetary assistance, long-term care and drug and alcohol treatment).

Eligibility Criteria: You must be experiencing homelessness or transitioning out of homelessness.
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Unity and partnership are at the heart of what it means to be Associated Ministries. This Community Resource Guide is meant to be shared with congregations and our community partners to benefit our neighbors who are each walking their path to a better life. We could not have produced this booklet without the dedication of volunteers who designed the layout of the publication, researched and validated the many resources in the guide, and helped with proof-reading. Thank you!

Being listed in this guide does not constitute an endorsement or recommendation of the service or program by Associated Ministries, its staff or governing Board.

To make changes, corrections or additions to information listed in this guide, please email: info@associatedministries.org or call 253-383-3056.
Emergency Shelters

**Catholic Community Services**
South 14th Street, Tacoma, WA 98405
Hours: Day Center 7 am-4:30 pm, Overnight Shelter 4:30 pm-7 am, 7 days a week
Day Center provides breakfast, lunch and other services except bus tickets. Overnight guests are asked to arrive at or after 4:30 pm, sign in and wait until name called for beds. Guests are admitted from 5:30 pm to 8 pm. There is no guarantee that beds will be available. For housing at Nativity House Apartments, clients must be accessed by Coordinated Entry. Call 253-502-2770 for more info.

**Tacoma Rescue Mission—Family Shelter**
253-383-4493
www.trm.org
425 S Tacoma Way, Tacoma, WA 98402
Hours: 8:00 am-4:30 pm
Downtown Campus provides complete services to help stabilize and transition people to recovery and self-sufficiency. The Good Neighbor Cafe is the “front door” to many of the Rescue Mission's facilities and programs, offering healthy, well-balanced meals to hundreds of homeless men and women every day. Short-term shelter is offered for men at the Downtown Campus. Homelessness is frequently linked to other problems such as drug or alcohol addiction. Rehabilitation services are housed at this location as well.

**Adams St Family Campus**
253-383-4493
2909 S Adams St, Tacoma, WA 98409
Families and Single Women

**Tyler St. Family Campus**
253-383-4493
3202 S Tyler St, Tacoma, WA 98409
Transitional housing for families

**Jefferson Apartments**
2336 S Jefferson Ave, Tacoma, WA 98402
Drug/alcohol free housing for disabled or adults with special-needs

Domestic Violence Shelters

**Family Renewal Shelter**
253-475-9010
www.domesticviolencehelp.org
Domestic Violence only—single women and women with children & pets on a case-by-case basis. Stay up to six weeks, serves high-risk population, 24-hour hotline. Must call to schedule an appointment.

**Korean Women’s Association**
253-359-0470
www.kwacares.org
Family Home Shelter
KWA serves women with children who are in domestic violence situations. Length of stay depends on the situation.

YWCA

253-272-4181
www.ywcapiercecounty.org
405 Broadway, Tacoma, WA 98402
Hours: M-TH 8:30 am-5:30 pm; F 8:30 am-4:30 pm
The YWCA Pierce County offers comprehensive domestic violence programs to our community in an effort to provide safety, healing, and empowerment.

**YWCA Emergency Shelter**
253-383-2593
www.ywcapiercecounty.org
crisis@ywcapiercecounty.org (Text or email)
Emergency shelter is for individuals (men and women) and families escaping domestic violence. Stay up to three months, confidential program. All services require an intake process except for the Community Advocate who will see walk-ins.

**YWCA Family Permanency Project**
253-272-4181 ext 229
Survivors of domestic violence with children or who are pregnant who qualify for Section 8 having received crisis intervention prior to applying for program. Preference given to YWCA shelter residents first, then referrals from other DV shelters.

**Crystal Judson Family Justice Center**
253-798-4166
www.aplaceofhelp.org
718 Court E, Tacoma, WA 98402
Hours: 8:30 am-4:30 pm
Walk-In Hours: 8:30 am-3:30 pm
The Justice Center serves the needs of domestic violence victims and their children by providing comprehensive victim services in one central and safe location in downtown Tacoma. Services provided include but are not limited to civil legal support, protection orders, counseling and support groups, safety planning, Division of Child Support assistance, DSHS assistance, spiritual support, housing transportation, victim support in criminal cases and other emergency assistance. Interpretation services are available to non-English speaking clients.

Housing Authorities

**Pierce County Housing Authority**
253-620-5400
www.pchawa.org
603 South Polk Street, Tacoma, WA 98444
1525 108th Street S, Tacoma, WA 98444 (mailing)
The application process for PCHA is closed at this time. Openings will be announced on the PCHA website, in the local media, at public libraries and at various community agencies. Applications are now completed online only.
Tacoma Housing Authority ............... 253-207-4400
www.tacomahousing.org
902 S L Street, Tacoma, WA 98405

THA administers three programs for low-income families: Housing Choice Voucher Program (formerly Section 8), Housing Opportunities Program (HOP) and Public Housing Program. Waiting list is long but a good source of low-income housing when available.

Housing Services

Coordinated Entry ......................... 253-682-3401
See details in the inside front cover of this guide.

Salvation Army of Tacoma ............. 253-572-8452
www.tacoma.salvationarmynw.org
1521 6th Ave, Tacoma 98405
Hours: M-F 9 am-3 pm (closed 12 pm-1 pm)
MUST CALL Coordinated Entry (253-682-3401) for assessment appointment first for housing and homeless services. Salvation Army provides emergency shelter and transitional living housing for singles and families with children on a temporary basis for varying amounts of time and when space available; domestic violence support; resource references; assistance with rent, utilities, gas, electric and oil; monitors court-ordered volunteer service; case management for families and single women; employment assistance; 6-month ARC (drug and alcohol) treatment; and food and clothing banks.

Helping Hand House ..................... 253-682-3401
www.helpinghandhouse.org
4321 2nd St SW, Puyallup, WA 98371
Hours: M - F 8 am -9 pm
MUST CALL AP4H (253-682-3401) for assessment appointment first for housing and homeless services. Helping Hand House is emergency housing stabilizing families with children under the age of 18 who are homeless or at imminent risk of homelessness, and help them obtain permanent housing as quickly as possible. To be eligible for this program, families must reside in Pierce County, have one child age 17 or under living with them and be homeless or nearly homeless. Services are tailored to the specific needs, barriers, culture and location of the families.

Living Access Support Alliance.......253-682-3401
www.lasawa.org
8956 Gravelly Lake Dr. SW, Lakewood 98499
Hours: M-F 9 am-5 pm
MUST CALL AP4H (253-682-3401) for assessment appointment first for housing and homeless services. Short term shelter housing provides families with safe apartments with stays of up to 30 days. Phone and utility services are included as well as case management that is focused on the immediate needs of the family. Transitional Housing provides families their own apartment or townhouse for 12 to 24 months. Families pay 30% of their eligible income which will cover the apartment and utilities and case management to help families focus on long-term goals and move from homelessness to self-sufficiency. LASA also has permanent supportive housing for families with disabilities.

Outreach Program: (Utility Assistance) .........253-582-5320
Hours: T & TH, 10 am-12 pm

Family Housing Network ............... 253-471-5340
(Catholic Community Services of Western Washington)
www.ccsww.org
5050 S Tacoma Way, Tacoma, WA 98409
Hours: M-F 9 am-5 pm
MUST CALL Coordinated Entry (253-682-3401) for assessment appointment first for housing and homeless services. Serves low-income homeless families with children in Pierce County as well as military households in Pierce, King, Kitsap, Thurston and Snohomish counties. Formerly Phoenix Housing Network, FHN has 48 transitional apartments throughout Pierce County. Homeless families are able to live in their apartment for one to two years and receive case management while they work on their goals toward self-sufficiency, permanent housing and stability.

Shared Housing Services .............. 253-272-1532
www.sharedhousingservices.org
Hours: M-F 8 am-5 pm
MUST CALL Coordinated Entry (253-682-3401) for assessment appointment first for housing and homeless services. The Adult Shared Housing program matches a home owner (the provider) who is looking to share a room/space in their home with a person who is looking for low-income, affordable housing (the seeker) in exchange for rent and/or assistance.

Metropolitan Development Council ........................................... 253-383-3921
www.mdc-hope.org
945 Fawcett Ave, Rm #204, Tacoma, WA 98402
Hours: M-TH: 8 am-4 pm; F: 8 am-3 pm
MUST CALL Coordinated Entry (253-682-3401) for assessment appointment first for housing and homeless services. MDC owns and manages 375 units of housing for homeless and low-income families and individuals, with four housing service models offered throughout Pierce County: Transitional Short-term Housing- Housing for homeless families with case management services. Permanent Supportive Housing- Housing for individuals who are chemically dependent or have mental or physical disabilities. Housing First- Housing for individuals who are chronically homeless. Affordable Housing - Affordable rental housing to those earning less than 60% of median income. Visit the MDC website to obtain more information about all of our programs and services offered or call to obtain more information.
Most families they assist are single parents with 2 to 3 children and are living in shelters, with friends or in their car. Some may face eviction. Due to social and economic conditions in the community, domestic violence, job loss, divorce or death, they find themselves in circumstances that strained their resources and capabilities to the point where they need help. The Network has 7 transitional housing units, and 22 permanent low-income apartments located in Lakewood. They provide stable housing for families living under the poverty line. Clients must be assessed by Coordinated Entry first.

New Beginnings - A Ministry of Youth with a Mission
www.newbeginningshome.org
PO Box 512, Puyallup, WA 98371
New Beginnings is a mentorship program that provides housing and support services for young women in pregnancy-related crisis as well as temporary housing and assistance for new mothers who seek self-sufficiency.

Share & Care House ................. 253-627-3620
www.shareandcarehouse.org
Tacoma: 3418 McKinley Ave 253-564-4194
Puyallup: 121 6th Ave SW 253-841-8886
Seattle: 11460 1st Ave S 206-764-4849
Tigard, OR: 13855 Pacific Hwy 503-684-8882
Share and Care House provides a variety of programs and services to individuals and families at the locations listed above including rapid rehousing for homeless individuals and families; supportive housing for chronically homeless individuals; HEN rent/utility assistance (Pierce County); payee/fiduciary programs for SSA, VA and other beneficiaries; certified professional guardianship and clothing banks. Housing clients must be assessed by Coordinated Entry (253-684-3401) first for referral.

Tacoma Rescue Mission Veterans Resource Center
www.trm.org
425 S Tacoma Way, Tacoma, WA 98402
Hours: M W F after 2:30 pm
A licensed homeless outreach social worker is on-site at the Rescue Mission from the Americal Lake location of the Vertans Affairs Puget Sound Healthcare System to determine the best solutions for helping homeless veterans.
Volunteer Chore Services ............ 253-502-2741
(Catholic Community Services of Western Washington)
www.ccsww.org
1323 S. Yakima Ave, Tacoma, WA 98405
Hours: M-F: 8:00 am - 4:00 pm
Volunteers help clients with: Housekeeping, Transportation, Grocery shopping, Yard care, Home repair/accessibility options, Wood provision and Monitoring. THIS IS A FREE SERVICE.

Low-Income Home Ownership

City of Lakewood Housing Programs .....................

City of Lakewood Housing Programs .....................

Mailing Address: PO Box 201, Monroe, WA 98272
Hours: TH 11 am-3 pm; F-M 11:30 am-5 pm
Matthew House provides love & hope to families with loved ones incarcerated in prisons in WA. The program exists to provide families with a clothes closet, food pantry, overnight shelter for women and children up to 3 days as they visit their loved ones, transportation to various prisons in the state, childcare and adultcounseling.

Volunteer Chore Services ............ 253-502-2741
(Catholic Community Services of Western Washington)
www.ccsww.org
1323 S. Yakima Ave, Tacoma, WA 98405
Hours: M-F: 8:00 am - 4:00 pm
Volunteers help clients with: Housekeeping, Transportation, Grocery shopping, Yard care, Home repair/accessibility options, Wood provision and Monitoring. THIS IS A FREE SERVICE.

Services for the Homeless

Guadalupe House ......................... 253-572-6582
1417 South G Street, Tacoma, WA 98405
Showers: M-F 11 am - 2 pm
Interviews are conducted for transitional housing services, however, no space available at this time. Call to check for vacancies. Homeless can receive mail at the Guadalupe House address listed above. Weekly prayer and dinner services every Tuesday; doors open at 5 pm.

MDC Medical Clinic ...................... 253-627-5445
(Formerly HealthCare for the Homeless)
www.mdc-hope.org/health/medicalclinic
2342 Tacoma Ave S, Tacoma, WA 98405
Hours: M-TH 7:45 am-4:30 pm
Medical Clinic: .......................... 253-284-9023
7:45 am -11:30 pm & 1 pm-4 pm
Mental Clinic: Thursday 1 pm
Dental Information: ...................... 253-691-7596
This is a walk-in clinic exclusive to patients who are experiencing homelessness. Best to arrive at 7:45 am to sign up for showers and to do laundry.

Open Hearth Ministries ................. 253-307-2274
Hours: M-S 8 am-8 pm
Open Hearth Ministries of Puyallup is a short-term motel sheltering program serving homeless families with children up to 18 years old in Puyallup and Eastern Pierce County.

Project Homeless Connect Tacoma..253-593-2111
www.soundoutreach.org/project-homeless-connect
1106 Martin Luther King Jr Way, Tacoma, WA 98405
Event held four times a year that brings 50-75 nonprofit and government agencies together in one place to address the basic needs of those who are homeless in Pierce County. Basic medical and dental care, access to education, employment and benefit systems, chemical dependency assessments, flu shots, haircuts and tobacco cessation tools are some of the resources provided.
Coalition to End Homelessness ..........253-591-5062
www.cityoftacoma.org
747 Market St., Tacoma, WA 98402
The Coalition is a community of service providers and concerned individuals who seek to prevent and eradicate homelessness, create/preserve affordable housing, restore those who are homeless to stable environments, and promote awareness of issues concerning homelessness. Meetings are every 2nd Tuesday of the month at Community HealthCare, 1202 Martin Luther King Jr. Way in Tacoma.

St. Vincent DePaul Outreach -
by Zip Code - Parish Boundaries
(Services Limited to the boundaries of each parish)
98329, 98332, 98333, 98335, 98349, 98351, 98394
St. Nicholas Parish...............................253-851-0554
Call anytime M-F; must leave a message for help. Assistance with rent, utilities and food. Limited to Gig Harbor/Key Peninsula area only

98354, 98371, 98422, 98424
St. Martin of Tours, Fife.........................253-970-9037
Call M-F 10 am-4 pm; partial assistance with rent, utilities and prescriptions.

98371, 98372, 98373, part of 98374
All Saints Community Services.............253-848-2000
Call M-Th 10 am-12 pm; 1 pm-3 pm; partial assistance with rent, utilities (limited), food and prescriptions.

98387, 98444, 98445, 98580
Our Lady Queen of Heaven....................253-537-5266
Call M-F 10 am-2 pm; help with rent and utilities. Food bank on MWF.

98402, 98405
St. Leo’s..............................................253-272-5136
Call T-F 9 am-4:30 pm (closed 12 pm-1:30 pm); prescriptions, identification cards (limited to 5 clients on Tuesdays, call for an appointment), medical clinic (Catholic Community Services - M & TH 5 pm-8 pm), food assistance. Hospitality Kitchen - call (253) 502-2761.

Part of: 98402, 98406, 98407; and 98403
St. Patrick’s.......................................253-383-2783 ext 6
Call T, TH 10 am-12 pm
Depending on funds, St. Patrick’s assists with food (must make an appointment for food bank), gasoline vouchers, gift cards to St. Vincent DePaul stores, bus tickets and utilities. There is no assistance for rent payments.

98404
Sacred Heart of Jesus .........................253-472-7738 ext 104
Phone manned T & F between 10-11 am
Leave message and phone number for return call. Help with food vouchers, bus tickets and $100 towards utilities if you have a shut-off notice.

98405
St. Rita’s of Casia .................................253-627-4851
Call M, T, TH, & F 9 am-12 pm; 1-3:30 pm; closed W
There is utility assistance, but no rent assistance. If no answer, leave a message for your call to be returned.

98406, 98407
Holy Cross Catholic Church....................253-759-3368
During recorded message PRESS 4 for St. Vincent DePaul Utilities, Food!

98408, 98444
St. Ann’s.............................................253-472-1360
Call T & Th
Food ONLY!

98439, 98498, 98499 (Lakewood Zip Codes)
St. Frances Cabrini ..............................253-655-7837 (English)
.....................................................253-655-7835 (Spanish)

Drug & Alcohol Treatment and Recovery Services

American Addiction Centers..........1-800-577-4393
Inpatient Residential Treatment for up to 30/60/90 days to include an After-Care Plan

Alcohol and Drug Helpline..........1-800-562-1240

Alanon and Alateen...............1-800-726-8094
www.al-non-pierce-wa.org
CALL FOR MORE INFORMATION ON LOCAL LOCATIONS AND TIMES.
Family support for those living with someone struggling with an addiction. Al-Anon offers hope and strength to people who suffer the effects of alcoholism in their family.

Christian Biker Tabernacle ..........253-536-52584
(God’s Ranch, Matthew’s House, House of Adullam)
www.christianbikertabernacle.org
2702 E 112th St. Tacoma, WA 98445
Very strict Christian-oriented program, for men and women who are homeless and recovering from drug and alcohol addiction, minimum 6 months commitment to address recovery issues while building a Christian spiritual relationship.
Jefferson Square .............................. 253-272-6828
(Tacoma Rescue Mission affiliate)
www.rescue-mission.org
2336 Jefferson Ave, Tacoma, WA 98402
Hours: M-F: 9:00 am-5:00 pm

Single men and single women
Must have case manager from outside agency (not DSHS),
must complete forms and application to be approved.

Lakeside-Milam Recovery Centers...... 253-272-2242
www.lakesidemilam.com
Tacoma Outpatient Clinic:
3315 S 23rd St, Ste 102, Tacoma, WA 98405
Puyallup Outpatient Clinic:
405 W Stewart Ave, Puyallup, WA 98371
Hours: M-F: 7:30 am -5:30 pm
Drug and alcohol assessments and counseling along with treatment options for youth and adults

MDC ................................................... 253-383-3921
www.mdc-tacoma.org
721 Fawcett Ave, Ste 201, Tacoma, WA 98402
Detox Center ................................. 253-593-2413
Room 103, 721 S Fawcett, Tacoma, WA 98402
Hours: 24 hours/7 days per week
Medically supervised chemical dependency detoxification services for adults and youth over the age of 13. Crisis stabilization is provided for youth that are impacted by substance abuse.

Sobering Center .............................. 253-284-9066
Room 103, 721 South Fawcett, Tacoma, WA 98402
Hours: 3:00 pm - 7:00 am
Sobering is available to Pierce County residents who are under the influence of alcohol, marijuana, or cocaine (no opiates, methamphetamines or benzodiazepines). Clients are offered nourishment and resource information for further treatment and housing.

New Life Program (Tacoma Rescue Mission) ........................................... 253-383-4493
www.rescue-mission.org
425 South Tacoma Way, Tacoma, WA 98402
Hours: M - F 8:30 am - 4:30 pm

Substance abuse - an 8 to 12-month live-in program for men at the Downtown Campus and a 12 to 24-month live-in program for women and families at the Adams Street Family Campus. The New Life Program offers help, hope and an environment that combines nurturing support with critical structure and accountability.

New Phoebe House ......................... 253-383-7710
www.newphoebehouse.org
CALL FOR ADDITIONAL INFORMATION ON PROGRAM.
We provide housing, services and support to Pierce County mothers and children impacted by chemical dependence. We help them achieve and maintain reunification through healing, self-sufficiency & clean and sober living.

Pierce County Alliance .................... 253-572-4750
WEBSITE UNDER CONSTRUCTION
510 Tacoma Ave South, Tacoma WA 98402
Hours: M - F 8:30 am - 5:00 pm
For individuals needing court-ordered group sessions for drugs/alcohol or outpatient therapy.

Prosperity Wellness Center ............. 253-531-2103
www.prosperitywellnesscenter.com
Hours: Open 24 /7
5001-112th St E, Tacoma, WA 98446
Women’s residential short-term sober living (30 days or less), outpatient also available.

Rainier View Christian Church ........ 253-531-0757
www.rainierview.org
7420 224th St E, Graham, WA 98338
Hours: Group meets Friday nights 7:00 pm-8:30 pm
Bible study that integrates 12 step recovery program.

Pioneer Human Services Chance for Change Program.......................... 253-272-5486
www.pioneerhumanservices.org
311 S 9th St, Tacoma, WA 98405
Hours: M- F 10:00 am - 6:00 pm
Several programs for housing individuals in drug/alcohol recovery. MUST HAVE AT LEAST 30 DAYS CLEAN AND SOBER. Single adults/families can stay 15-18 months. MUST HAVE NO SEX OFFENSE OR ARSON CHARGE.

Sea Mar Community Health Center —
Tacoma Treatment Center ............. 253-280-9860
www.seamarchc.org
1415 Center Street, Tacoma, WA 98409
Hours: 24 hours/7 days per week
Sea Mar’s Tacoma Treatment Center is a 36 bed, state-licensed, JCAHO-accredited facility that offers a 30-day residential program for stabilization and recovery skills for adults who have substance abuse/chemical dependency and alcoholism. We have been providing chemical dependency services in Washington state at this location since 1994.

Point Defiance AIDS Project .......... 253-381-5229
(Needle Exchange Van)
www.nasen.org
corner of S. 14th and G St., Tacoma, WA 98402
Hours: M-W-F: 11:00 am - 4:00 pm
Community program that provides injecting drug users the opportunity to exchange syringes one for one and guarantees safe disposal. Helps reduce the spread of blood-borne
Drug & Alcohol Treatment & Recovery Services (cont'd)

- Diseases like HIV and hepatitis. Needles (syringes) are delivered in afternoon and same day delivery if called before 1:00 pm
- NASEN (North American Syringe Exchange Network)

**Needle Exchange Van ADDITIONAL LOCATION:**
- Pierce County Health Department ..........253-272-4857
- www.tpchd.org
- Hours: M-W-F 9:30 am - 4:00 pm

**Medical Care**

**Washington Poison Center**

- Emergency Number 1-800-222-1222
- www.wapc.org
- Administration Office ......................... 206-517-2350
- 155 NE 100th St Ste #100, Seattle, WA 98125

The Washington Poison Center (WAPC) is a statewide provider of immediate, free*, and expert treatment advice and assistance on the telephone in case of exposure to poisonous, hazardous, or toxic substances. All calls are confidential. There is a $45 fee for all animal calls.

**Statewide Health Insurance Benefits Advisors (SHIBA)**

- 253-596-0918
- www.insurance.wa.gov
- 1106 Martin Luther King Jr Way, Tacoma, WA 98405

(This is the Pierce County location)

They can help you understand health care coverage options and rights; find affordable health care coverage; evaluate and compare health insurance plans. They provide free, unbiased and confidential assistance with Medicare and health care choices giving the latest information.

**Public Health Nurse Referral**

- 253-798-6403

Maternity support services, individuals with children ONLY.

**Tacoma Health Center - Tacoma .... 800-769-0045**
- 1515 Martin Luther King Jr. Way, Tacoma WA 98405
- Hours: M & W – 7:30 am -7:00 pm; T & Th & Sat 8:00 am - 4:00 pm; F 8:30 am - 4:30 pm

All services at this health center are available on a walk-in basis. If you need emergency contraception (morning after pill), you can walk in any time the health center is open. Services offered: Abortion Services; Birth Control; General Health Care; HIV Testing; LGBT Services; Men's Health Care; Morning-After Pill (Emergency Contraception); Pregnancy Testing & Services; STD Testing, Treatment & Vaccines; Women's Health Care. Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide. For nearly 100 years, Planned Parenthood has promoted a commonsense approach to women's health and well-being, based on respect for each individual's right to make informed, independent decisions about health, sex, and family planning.

**Immunization Referrals**

- 253-798-6500
- Contact Tacoma-Pierce County Health Department for information about immunizations and other health issue referrals.
- www.tpchd.org
- 3629 S “D” Street, Tacoma, WA 98418
- Hours: Open Monday to Friday 8:00 am - 4:30 pm

**Community Health Care**

- www.communityhealth.org
- Administrative Offices ............................253-597-4550
- 1019 Pacific Ave Ste #300, Tacoma, WA 98402

**Community Health Care Clinics:**

- MEDICAL COUPONS ACCEPTED AT CLINICS:
- CALL SPECIFIC CLINICS TO MAKE APPOINTMENTS

- **Hilltop Family Medical Clinic**
  - 253-597-3813
  - 1202 Martin Luther King Jr. Way, Tacoma, WA 98405
  - Hours: M-F: 9:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

- **Eastside Community Clinic**
  - 253-471-4553
  - 1708 E 44th St, Tacoma, WA 98404
  - Hours: M - F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

- **Lakewood Family Medical Clinic**
  - 253-589-7030
  - 10510 Gravelly Lake Drive SW, Lakewood, WA 98499
  - Hours: M - F 8:00 am - 4:30 pm (closed 12:00 pm - 1:00 pm)

- **Spanaway Family Medical Clinic**
  - 253-847-2304
  - 134 188th St S, Spanaway, WA 98387
  - Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm to 1:00 pm)

- **Women's Health Clinic**
  - 253-404-0737
  - 1708 E 44th St, Tacoma, WA 98404
  - Hours: M-F: 8:00 am-5:00 pm (closed 12:00 pm - 1:00 pm)

- **Urgent Care Clinic**
  - 253-442-8809
  - 1202 Martin Luther King Jr. Way, Tacoma, WA 98405
  - Hours: M - Th 8:00 am - 7:00 pm; F & Sat 8:00 am - 5:00 pm (closed 12:00 pm - 1:00 pm)

**Neighborhood Clinic**

- 253-627-6353
- www.neighborhoodclinictacoma.org
- 1323 S Yakima, Tacoma, WA 98405

- Hours: Open M & Th, sign-in begins at 4:30 PM (on a first-come, first-served basis. Recommend you line up early). Closed on some holidays, if you’re unsure, call. Will have upcoming closures on our voice mail.

The Neighborhood Clinic provides free urgent medical care to patients who cannot afford or access healthcare.
To qualify for a Donated Care referral through Pierce County Project Access, patients must: be a resident of Pierce County for at least three months; be at or below 250% of the Federal Poverty Level ($29,175/year for a single person total household income); have no medical insurance.

If you need medical care and meet the above qualifications, please call us at (253) 572-7265. Enrollment is for six months and patients enrolled in the program only see physicians in the PCPA network assigned by PCPA staff.

Premium Assistance

The Pierce County Project Access Premium Assistance sponsorship program is designed for Pierce County residents who are not eligible for Washington Apple Health (Medicaid) or Medicare. These individuals are eligible to purchase health insurance on the Washington Health Benefits Exchange, but they cannot afford the premiums.

To qualify for premium assistance, patients must: be a resident of Pierce County; be eligible to purchase insurance on the Washington Health Benefits Exchange; file taxes; be at or below 400% of the Federal Poverty Level ($46,680/year for a single person total household income); be willing to enter into a relationship with PCPA and update your income and family size information on the Exchange throughout the policy year.

If you qualify for Premium Assistance sponsorship or want more information, please call Hannah at (253) 278-0692.

Trinity Health Clinic .......................... 253-272-8819
www.tpc.org
1615 6th Ave, Tacoma, WA 98405
Hours: T - 5:00 pm - 7:00 pm

Does physicals and provides general medical services to anyone without insurance. Walk-ins are on a “first come first served basis”.

SeMar Clinic .................................
www.seamarchc.org
Administrative Offices ......................... 206-763-5277
1040 S Henderson St, Seattle, WA 98108

Tillicum Medical Clinic ....................... 253-280-9890
14916 Washington Avenue SW, Lakewood, WA 98498
Hours: M, W, F: 8:00 am-5:00 pm
Specialize in adult primary-care medicine, including preventive health exams, urgent care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for other medical services.

Dental Care

Pierce County Dental Society Referral Service
www.pcdentists.org ....................... 253-272-9910
Mental Health Care

CRISIS LINE: 1-800-576-7764
WARM LINE: 253-942-5655 or 1-877-780-5222

Recovery Response Center ............ 253-942-5644
www.recoveryinnovations.org
2150 Freeman Road East, Fife, WA 98424
Recovery Innovations, through its local non-profit corporations, offers a range of recovery based services in Arizona, California, North Carolina, and Washington. Recovery Innovations has developed an international reputation for recovery based practices and programs with the creation of a service delivery model that highlights peer support as the demonstration that recovery from mental illness and/or addiction is possible. In order to stay on track with recovery and wellness values, Recovery Innovations uses a wellness based approach instead of the traditional illness based approach. The focus is on strengths and is person-centered.

Comprehensive Life Resources ...... 253-396-5800
www.comprehensiveliferesources.org
1305 Tacoma Ave S Ste #305, Tacoma, WA 98405
Hours: M - F 8:00 am - 5:00 pm; Adult Services Walk-Ins: M - F 8:30 am - 2:30 pm NO WAITING
Provides mental health services for individuals without health insurance or have private insurance. The Medicaid Provider 1 program is for low-income individuals and families. Free counseling services (4 to 6 per year) are also available for those who qualify. In addition, Park Place Residential Center is a licensed adult residential rehabilitation center and facility offering individualized and person-centered treatment for adults with serious and persistent mental illness who need a more secure and supportive residential environment. Counseling Services are available to everyone regardless of an individual’s ability to pay.

Children’s Services  253-396-5800
1201 South Proctor, Tacoma, WA 98405
Hours: M-W-F 8:00 am - 5:00 pm; T & Th 8:00 am - 7:00 pm; Children’s Services Walk-ins M - F 8:30 am - 4:00 pm
CALL FOR MORE INFORMATION

MultiCare Good Samaritan Hospital Behavioral Health ............................... 253-697-8400
www.multicare.org/goodsam/behavioral-health
325 East Pioneer, Puyallup, WA 98372
Hours: M - Th 8:00 am - 7:00 pm; F 8:00 am - 5:00 pm;
Walk-In Assessment Clinic: M - F 9 am to 5pm (first come, first served appointments)
Services include: Adult, Child and Family, Older Adult, Peer Support, Puyallup Valley Institute Services, Asian Counseling Services, Domestic Violence Survivor Services, Adult Chemical Dependency Services and Mental Health Crisis Services

Greater Lakes Mental Healthcare.... 253-581-7020
www glmhc.org
9330 59th Ave SW, Lakewood, WA 98499
M- W 9am - 5pm; Th 9am - 7pm; F 8am - 5pm.
For our Public Health Clients: FOR ADULT/CHILD & FAMILY - SAME DAY APPOINTMENTS SERVICES
Greater Lakes provides a full range of mental health services, which you can easily arrange by calling the Access Center at (253) 581-7020. When you call, you will speak with a trained Clinical Screener who will help you determine which services will best meet your needs. Help is here! Counseling, Classes and Medication Services. GREATER LAKES MENTAL HEALTH-CARE ALSO PROVIDES OUTREACH SERVICES CALL TO SCHEDULE AN APPOINTMENT.

Hope Sparks - Relatives Raising Children Program ........................................... 253-565-4484
www.hopesparks.org
6424 N. 9th St, Tacoma, WA 98406
M-F: 9:00 am-5:00 pm
Provides resources and support to kinship caregivers; No parent raising the child - non-biological but having a relation to child who must be age 18 and under. THERE IS A WAITING LIST TO RECEIVE COUNSELING SERVICES. Call to be placed on the waiting list. Also provides sliding scale counseling services for children, young adults and adults.

Sea Mar Community Health Centers – Behavioral Health
www.seamarchc.org
Administrative Offices: .........................206-763-5277
1040 S Henderson St, Seattle, WA 98108

Tacoma Behavioral Health Center .....................253-280-9890
1516 S 11th St, Tacoma, WA 98405
Hours: M-F: 8:00 am-5:00 pm
The Tacoma site provides mental-health and chemical-dependency services to children, youth and adults. Our site is state-licensed as a community mental-health agency and a certified chemical-dependency agency. We meet all requirements for court-mandated services, and are fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

Gig Harbor Behavioral Health ............................253-280-9888
6659 Kimball Dr, Ste #C305, Gig Harbor, WA 98335
Hours: M - F: 8:00 am-5:00 pm
Mental Health Care (cont’d)

Our site is state-licensed as a community mental health agency. We are fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). We provide mental health services to children, youth and adults. Our well-trained professional team consists of mental health therapists and psychiatric advanced registered nurse practitioners.

Puyallup Behavioral Health Center Services ... 253-864-4770
12812 101st Ave Court #, #202, WA 98373
Hours: M, T, F 8:00 am - 5:00 pm; W, Th 8:00 am - 7:00 pm
Our site is state-licensed as a community mental health agency and a certified chemical dependency agency. We meet all requirements for court-mandated services, and we are fully accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

Matthew’s House .................. 360-794-8720
www.matthewhousemonroe.org
Mailing address: PO Box 201, Monroe, WA 98272
Hours: Th 11am - 3pm; F - M 11:30am - 5pm (Closed on T & W)
Provides love and hope to families with loved ones incarcerated in Monroe Correction Center. Services include: Welcome Room, Children’s Center, Clothing Closet, Emergency Food Supply, Counseling Referral Services, Family Van Services and Special Overnight Accommodations.

Healing Places Counseling Center .. 253-564-4233
www.healingplacescounselingcenter.com
1614 South Mildred, Ste #B, Tacoma, WA 98465
Hours: Call for days and hours open
This is a nonprofit counseling center dedicated to providing counseling and therapy to individuals, families, and couple relationships. We are committed to fostering an environment of confidentiality, safety, and reverence for our clients. Offering a healing place for all persons on their journey to wholeness.

MDC Mental Health Clinic .......... 253-284-7854
www.mdc-tacoma.org/health/mental-health-services
721 S Fawcett St Ste #101, Tacoma, WA 98402
Hours: M - F 8:00 am - 4:30 pm
Mental health services including individual counseling, co-occurring disorder counseling, outreach, education, and case management provided to individuals experiencing homelessness. Psychiatric care is available through MDC’s Healthcare for Homeless Clinic.

PLU Couple & Family Therapy Center .................
............................................................. 253-535-8782
www.plu.edu
12108 Pacific Ave., Tacoma, WA 98444
Hours: Clinic: M - Th 9:00 am - 5:00 pm, F 9:00 am - 3:00 pm; Therapy: M - F 9:00 am - 8:00 pm
We offer affordable, high-quality care to individuals, couples, and families, using the latest advances in the field. Care at our center is based on a family-focused model of therapy, which means that we encourage family members or significant others to come together in therapy in order to gather as much information as possible about the difficulties you are facing. We can best serve you when multiple people are involved, working together toward a solution; children of any age are welcome in sessions.

Soul Care Psychotherapy ................. 253-761-8808
www.soulcarepsychotherapy.com
615 N 2nd St, Tacoma, WA 98406
Hours: Call to make an appointment
A program of Associated Ministries. Provides pastoral counseling and spiritual direction on an adjusted fee scale to individuals, couples and families.

Bridges: A Center for Grieving Children........
253-403-1966
www.multicare.org/marybridge/bridges-center-grieving
311 S. L St. Tacoma, WA 98405
CALL FOR APPOINTMENT AND HOURS
Support Groups for Children Grieving a Loved One’s Death. Bridges is a grief support center serving families with children ages 4 through 18 who have experienced the serious illness and death of a family member, or the death of a relative or friend. We offer peer support groups facilitated by trained volunteers. This support program is just for children because they grieve differently than adults. Our hope is that the children we serve will reconcile the death, and that growth and healing will occur. Our support groups are age and developmentally appropriate.

PFLAG (Parents, Families and Friends of Lesbians and Gays).......................... 253-234-9790
www.pflagtacoma.org
First United Methodist Church of Tacoma
621 Tacoma Ave S, Tacoma, WA 98466
Meeting time is the 2nd Thursday of each month
PFLAG promotes the health and well-being of lesbian, gay, bisexual and transgender persons, their families and friends through: support, to cope with an adverse society; education, to enlighten an ill-informed public; and advocacy, to end discrimination and to secure equal civil rights.

Support Groups
Comprehensive Mental Health, Greater Lakes Mental Health and Good Samaritan Mental Health offer group sessions for those already participating in their services.
Services for the Disabled

The Pierce County Aging and Disability Resource Center (ADRC) ...............253-798-4600
........................................Toll Free 1-800- 562-0332
www.pierce.wa.us
(The access web page: Pierce County website homepage, Government drop down menu, All Departments A-H, Community Connections, click on Seniors & Disabled, click on Resource Guide, Aging & Disability (ADRC) Resources page)
Hours: M – F 9 am - 4 pm
A first stop for older adults and individuals with disabilities of all ages, family members, caregivers, service providers and community professionals. Focus on helping individuals remain safe and independent in their own homes in the community as long as is practical. Confidential resource for information, assistance and referral as well as a ‘front door’ for a number of services such as: Family Caregiver Support, Long Term Care Ombudsman Program, Memory and Wellness Services, Living Well with Chronic Conditions, Veterans Directed Home and Community Based Services, Care Transition Services (Hospital-to-Home), and Aging and Disabilities Case Management

Advanced Health Care.......................253-475-7744
www.advanced-healthcare.com
9116 Gravelly Lake Drive SW, Ste B1, Lakewood, WA 98499
Hours: M- F 8:00 am - 5:00 pm
(AFTER BUSINESS HOURS: On Call Answering Service)
Locally owned, private-duty home healthcare agency providing assistance to people, including veterans, who need help to remain in their homes.

Catholic Community Services ..........253-383-3697
www.ccsww.org
1323 Yakima Ave, Tacoma, WA 98405
Hours: M-F: 8:00 am - 5:00 pm
Counseling Center: Provides “in-home” care for seniors and people with disabilities; shelters and homeless services; housing; services for children & youth, families & individuals along with family centers
Family Preservation Dept for Pierce County (located in Tacoma) ....................................................253-759-9544
5410 N 44th St, Tacoma, WA 98407
Hours: M - F 9:00 am - 5:00 pm
Provides services for children and families
Family Housing Network ..........................253-471-5340
5050 S Tacoma Way, Tacoma, WA 98409
Hours: M-F 9 am-5 pm
The purpose of PHN is to help homeless and at-risk families achieve and maintain permanent housing in an atmosphere of dignity and love. PHN also serves low-income families with children in Pierce County helping to build skills that maximize family stability and self-sufficiency to prevent future homelessness.

Center for Independence ...............253-582-1253
www.cfisouth.org
7801 Bridgeport Way W Ste #200, Lakewood, WA 98499
Hours: M - F 9:00 am - 5:00 pm
It’s a non-profit organization serving people with disabilities and senior-related disabilities through outreach, advocacy, and independent living skills development in the home and community.
Division Developmental Disabilities

253-404-5500
www.dshs.wa.gov.ddd
1305 Tacoma Ave S., Tacoma, WA 98402
Hours: M-F: 8:00 am-5:00 pm

Developmentally disabled children and adults in the Medicaid Personal Care program, family support program, waiver program, community protection, group homes, Adult Family Homes (AFH) supported living, Rural Health Clinic - Centers for Medicare & Medicaid Services and Medically Intensive Home Care program.

Tacoma Pierce County Health Department
253-798-6500 toll free is 1800-992-2456
www.tpchd.org

Family Support Centers
Public Health nurse referral line for maternity support services (central intake line for Pierce County Health Dept.) Clients must be Medicaid eligible and nurses can come to their home. Help with parenting classes, nutrition, family planning and much more.

Call the center closest to you to get more information about your Family Support Center.

Bethel Family Support Center .......... 253-683-6850
Eastside Family Support Center .......... 253-627-7368
Hilltop Family Support Center .......... 253-884-5433
Lakewood Family Support Center .......... 253-502-4655
Orting Family Support Center .......... 360-893-8500
or 888-352-8905
Puyallup Family Support Center .......... 253-845-9177
Sumner Family Support Center .......... 253-891-6538
Midland Family Support Center .......... 253-298-4599
(serves zip codes 98444; 98445; 98446; 98447)

Good Samaritan MultiCare - Behavioral Health Services
253-697-8400
www.multicare.org
325 E. Pioneer Ave., Puyallup, WA 98372
Hours: M-F: 9:00 am - 4:30 pm

Assisting family caregivers with resources, education, dementia assessment, adult counseling, and caregiver support groups. Provides adult services, child and family services and older adult services.

L’Arche Tahoma Hope Community. 253-535-3178
www.larchethc.org
12303 36th Ave E., Tacoma, WA 98446
Hours: M-F: 8:00 am - 4:00 pm

Faith-based residential and day support programs for developmentally-disabled adults. The Mission of L’Arche is to make known the gifts of people with developmental disabilities, revealed through mutually transforming relationships.

Lutheran Community Services Northwest
253-272-8433
www.lcsnw.org
223 N. Yakima Ave, Tacoma, 98403
Hours: M-F: 8:30 am - 5:00 pm (phones forwarded 12:00 - 1:00 pm lunchtime)

Home helper (Home Care), senior companion program, meals on wheels, senior scene, support you, where-to-turn (Senior Media Services), behavioral health services, family & community support, child welfare programs, refugee & immigrant services and disability services.

Pierce County Coalition for Developmental Disabilities
253-564-0707
www.pc2online.org
3716 Pacific Ave Ste A, Tacoma 98418
Hours: M - F 9:00 am - 4:30 pm

Informational meetings including birth to three (3) years-old, housing/residential issues, transition from high school to adult services, employment, legal, Developmental Disabilities systems overviews, parent education for find the resources they need, a down payment assistance program to help low-income first-time Medicaid Personal Care and Leadership Training. Provides a referral/LINKS service to help families and individuals homebuyers purchase a home for their family/family member with a developmental disability.

ResCare HomeCare Tacoma
253-272-2675
www.rescarehomecare.com
747 St Helens Ave #200, Tacoma, WA 98402

We are the nation’s largest private provider of services to people with disabilities; the largest one-stop workforce contractor and the largest privately-owned home care company. ResCare offers residential and support services, education, vocational training and job placement for people of all ages and skill levels. ResCare Residential Services focuses on people with disabilities and youth with special needs and ResCare HomeCare helps seniors who want to age in place. ResCare Workforce Services and ResCare Education and Training Services provide counseling, training and job placement to people of all ages with barriers to employment.

Sound Outreach Services
253-593-2111
www.soundoutreach.com
1106 Martin Luther King Jr Way, Tacoma, WA 98405
Hours: M, W, Th, F 9:00 am - 12:00 pm; T 12:30 pm - 3 pm

Provides outreach services to low-income seniors and disabled individuals. Through advocacy and one-to-one assistance with the application process (DSHS, SocialSecurity, etc), we can ensure our clients receive assistance on a monthly basis that continues throughout the year thereby greatly improving the quality of their health and well being.
Services for the Disabled (cont’d)

Tacoma Area Coalition of Individuals with Disabilities (TACID) .................. 253-565-9000
www.tacid.org
6315 South 19th Street, Tacoma, WA 98466
Hours: M 9:30 am - 5:00 pm, T & Th 9:30 am - 8:30 pm; F 9:30 am - 5:00 pm
TACID’s mission is to promote the independence of individuals with disabilities through peer support, advocacy and self-sufficiency programs. Services & Programs provides services and peer support primarily for people with mental health diagnosis and disabilities, but also serves across disability to promote wellness and strategies for building strong social networks and strategies for daily living. TACID has a resource center that addresses the needs of people with disabilities along with a wide range of services to include homeless crisis care management, blind independent living assistance, support groups, and more.

Catholic Community Services - Volunteer Chore Services .......................... 253-502-2741
www.ccsww.org
1323 S Yakima Ave, Tacoma, WA 98405
Hours: M-F: 8:00 am-4:00 pm
Services are provided at no charge and serve as a safety net for those individuals who cannot afford to pay for assistance and do not qualify for other assistance. Services include transportation, housework, home repair, etc. Committed to helping elders and adults with disabilities remain independent in their own homes.

Child Care

Child Care Aware of Washington ............................................. 253-383-1735
www.childcarenet.org
Regional Office: 1551 Broadway Ste #300, Tacoma, WA 98402
Child Care Aware® of Washington serves as a community resource for child care throughout the state. We help families find quality child care, preschool and after-school programs for their children. We work with child care program owners, directors and teachers to improve the quality of their programs. We provide business and civic leaders with information about the value and importance of child care, and collaborate with them to make child care safe and enriching for children.

Community Montessori ............... 253-627-7554
www.communitymontessori.net
1407 South I Street, Tacoma, WA 98405
Washington State approved private school for kindergarten through 8th grade. Child care for children as young as twelve months is available. Parents come from Tacoma and surrounding communities in the south Puget Sound to take advantage of the full-day Montessori child care.

MDC - Homeless Childcare Assistance Program .................................................. 253-572-3213
721 South Fawcett, #204, Tacoma, WA 98402
Hours: M-Th: 8:00 am - 4:30 pm; F: 8:00 am - 3:30 pm
Vouchers are provided to homeless families for licensed daycare while parents seek housing, employment, doctors and counseling appointments, or treatment. Your family can get short-term, free childcare if you: Do not have a home; Live in a shelter, car, or park; Live in transitional housing; Live temporarily with family or friends. When can this childcare be used? While you: Look for permanent housing; Look for employment; Attend appointments for: Medical/mental health care, Substance abuse, Violence avoidance, WA Legal appointments, Social services. Who provides the childcare, Licensed or certified Childcare Centers and Family Homes.

Early Childhood Education/Preschool Programs

Head Start/Early Childhood Education & Assistance Program (ECEAP) .............. 253-571-1870
www.tacoma.k12.wa.us
Tacoma Public Schools
Central Administration Building
PO Box 1357, Tacoma, WA 98401
CALL FOR ADDITIONAL INFORMATION AND HOURS
State of Washington funded program and for age-eligible children from low-income families. ECEAP involves the whole family and offers health, nutritional and social services support. THIS IS A “NO COST” PRESCHOOL PROGRAM.

Working Connections Child Care (WCCC)
DSHS Call Center ...................... 1-877-501-2233
(Division of Washington State Department of Learning)
www.del.wa.gov
WCCC helps families with low incomes pay for child care while they work or meet WorkFirst participation requirements. When a family qualifies for child care subsidy benefits and chooses an eligible provider, the state pays a portion of the cost of child care. The parent participation requirements. When a family qualifies for child care subsidy benefits and chooses an eligible provider, the state pays a portion of the cost of child care. The parent also responsible to pay a copayment to the provider each month.

Puget Sound Educational Service District (PSESD) 
253-778-7900
www.psesd.org
ReLife Center (Satellite Office, Pierce County)
5515 44th St NE, Puyallup, WA 98371
Hours:
Early Childhood & Family Support Services: We offer WW support services for children (prenatal to age five) and
their families; education and leadership opportunities for parents. Birth-to-Five Programs: Free services and support to eligible infants, toddlers and preschool age children and their families.

**HopeSparks Family Services**........... 253-565-4484
www.hopesparks.org
Tacoma office:
6424 North 9th Street, Tacoma, WA 98406
Hours: Call Days & Hours Open
Healing Hearts Counseling, Eating Recovery, Relatives Raising Children, HopesCloset. HopeSparks Children’s Developmental Services Division will now include our Early Intervention Program for children ages birth to three (3).

Puyallup office: 1420 South Meridian #B, Puyallup, WA 98371
Phone: 253-845-0864

**Education, Employment & Job Training**

**Centro Latino SER (Adult Employment & Education)**

................................................................................................. 253-572-7717
www.clatino.org
1208 S. 10th Street, Tacoma, WA 98405
Hours: M - Th: 9:00 am - 4:30 pm
In order to successfully participate in the Pierce County community, Centro Latino’s clients must first be able to meet their individual and family needs. Education, Employment, and Life Skills all impact an individual’s ability to be self-sufficient. Centro Latino’s Adult Employment and all impact an individual’s ability to be self-sufficient. Centro Latino’s Adult Employment and Education Services support individuals in building skills, maximizing potential, and increasing their ability to fully contribute to the economy, culture, and vitality of Pierce County. Adult Employment and Education Services address the following areas: Adult Education - English as a Second Language (ESL) class; Basic computer Class in Spanish Employment Assistance: These are the main services offered by the Adult Employment and Training Department: Resume Preparation, Cover letter preparation, Job interview orientation, Mock interviews, Job listings, and Computer use in job search and resume submission.

**MDC - Educational Opportunity Center (EOC)**

................................................................................................. 253-572-5960
www.mdc-tacoma.org
Locations:
Tacoma Goodwill, 714 S 27th St, Tacoma, WA 98402
WorkSource Pierce County, 1305 Tacoma Av S, Tacoma, WA 98402
Hours: M- Th: 8:00 am-5:00 pm; F: 8:00 am-1:00 pm
EOC provides free educational support to adults in the following areas: educational planning, career advising and exploration, assistance with financial aid forms and college applications, and student loan default advocacy. MDC also helps people learn about different careers, choose a college and apply for financial aid, get training for high demand jobs, etc. MDC is committed to the mission of developing innovative programs that help remove people from poverty, so they can become self-sufficient. THEY PROVIDE SERVICES INHOUSING, HEALTH, EDUCATION, AND EMPLOYMENT. EOC also provides Community Voice Mail to low income people in crisis and transition by providing FREE, PERSONALIZED 24-HOUR VOICE MAIL people in crisis and transition by providing directly linking individuals to jobs, housing, and stability. Users receive a personal phone number and can create their own personal greeting and security code on a system that sounds like a regular phone with voice mail. For more information contact Julie Yeager at (253) 284-9099.

**WorkSource - Pierce County - State of Washington**

253-593-7300
www.worksourcewa.com
1305 Tacoma Ave S, Ste #201, Tacoma, WA 98402
Hours: 8:00 am - 5:00 pm
Helps job seekers: apply for unemployment benefits, file a weekly claim, ask questions about your claim, find jobs, receive job training and provides assistance to employers/businesses. Provides language assistance for clients.

**Goodwill Industries** ....................... 253-573-6500
www.tacomagoodwill.org
714 South 27th Street, Tacoma, WA 98402
Hours: M-F 8:00 am - 4:30 pm
Provides a wide variety of job training and placement services. Community employment services, comprehensive vocational evaluation services, job skills training, and special needs programs are available through REACH, located on the first floor of the Milgard Work Opportunity Center; REACH (Resources for Education and Career Help) is a partnership of more than a dozen agencies providing career education, personal and professional development services for young adults, ages 16-24, across Tacoma and South Puget Sound.

**Labor Works**............................... 253-627-9675
www.laborworks.com
5944 6th Ave, Tacoma, WA 98406
Hours: M - F 5:30am - 6:00pm; Sat 6:00 am - 10:00am
We offer jobs daily, including weekends, same day pay through a Global Cash Card or weekly through direct deposit to your bank account, and an opportunity for full-time employment in a wide variety of industries. We make sure you’re safe on the job, get the respect you deserve and the employment you need right now. Job categories include: Clean-up, Construction, Convention set-up/ tear-down, Event Security, Foundries, Freight Handling, Hospitality, Janitorial, Landscaping, Light Industrial, Manufacturing, Marine Services, Merchandising, Moving, Recycling, Retail Services, Shipping and Receiving, Special events, Truck Drivers, Waste management, Agricultural, Bottling, and Catering. Our Labor Works for You! Daily Work! Daily Pay! No Fees!
Education, Employment & Job Training (cont’d)

Manpower .................................................. 253-473-5023
www.manpower.com
4002 Tacoma Mall Blvd, Ste 103A, Tacoma, WA 98409
Hours: Call for days & hours
Light industrial and clerical staffing for temporary or permanent work.

Multicultural Self-Sufficiency Movement (MSM) ............................................................ 253-584-5615
www.msm-wa.org
3820 Steilacoom Blvd, SW, Lakewood, WA 98499
Hours: M - F 9:00 am - 6:00 pm
We are a multi-service organization dedicated to providing meaningful programs and services that will move our clients towards a path of self-sufficiency and towards employment and economic security long-term for the most vulnerable populations—low-income and limited English proficient individuals, immigrants and refugees, and persons of diverse racial and ethnic backgrounds. Our goals are to help our clients live independently, become self-sufficient to the best of their abilities and achieve the highest quality of life possible. We offer a range of services to include: ESL/Citizenship classes, interpretation service, advocacy and immigration assistance. Our programs are focused on education, employment, and economic development critical to moving our clients forward.

Pierce College
Supported Education (Access & Disability Services)
Ft Steilacoom Campus ............................................. 253-964-6468/TTY 253-964-6228
9401 Farwest Drive SW, Lakewood, WA 98498

Puyallup Campus ............................................. 253-840-8335/TTY 253-840-8474
www.pierce.ctc.edu/dist/supportservices/ads/
1601 39th Ave SE, Puyallup, WA 98374
Hours: M - F 6:00 am - 10:00 pm (both campuses)

Pierce College supports an integrated learning experience for students with disabilities by promoting an environment that is free from physical and attitudinal barriers. Students are encouraged to develop successful learning strategies in collaboration with faculty and staff. Students with permanent or temporary disabilities may be eligible for services, which along with academic adjustments, are designed to ensure that students with a disability have equal access to all college activities and programs. It is the goal of ADS to provide an open door to any student who believes he or she may need our services. In addition to approved academic adjustments and services, ADS offers educational planning, advising, assistive technology and learning strategies for students. Information regarding Access and Disability Services is available in alternate formats upon request. Additionally, ADS provides for accommodations at college sponsored events.

Pierce County Community Connections (PCCC) ............................................................ 253-798-4500
3602 Pacific Ave. Ste #200, Tacoma, WA 98418
Hours: M-F: 8:30 am - 4:30 pm
1305 Tacoma Av S, Ste #104, Tacoma, WA 98405
Hours: M-F: 8:30 am - 4:30 pm
Prevention; Career Program, which includes job readiness skills and work experience placements, etc; Developmental Disabilities. Home & Family Services include Homelessness and Housing Programs. NEW! PCCC also offers Connector Bus Routes & Schedules. Call for additional information about any of these programs & services.

South Puget Intertribal Planning Agency ............................................................ 253-250-0550
www.spipa.org
(TANF information www.spipatanf.org)
2316 S. State St. Ste C, Tacoma, WA 98405
Hours: M-F 8:00 am - 4:00 pm
Provides cash assistance to American Indian/Alaskan Native Families with children BUT THEY MUST BE ELIGIBLE FOR TEMPORARY ASSISTANCE FOR NATIVE FAMILIES (TANF). They provide assistance/resources to help clients achieve self-sufficiency; assisting needy families so that children can be cared for in their own homes and reducing the dependency of needy parents by promoting job preparation, work, and marriage.

Phoenix Housing Network - “Suited for Success” (Division of Catholic Community Services) ............................................................ 253-471-5340
www.ccsww.org
7050 S G St, Tacoma, WA 98408
Hours: Mary Butschky Coordinator 253.471.5340 ext. 29
(Call to make appointment and for more information.)

Suited for Success (a program of Phoenix Housing Network) offers weekly workshops for low-income men and women seeking employment. These weekly workshops: Teach interview preparation; Review interview do’s and don’t’s; Practice business etiquette and promote proper attitude; Assess personal image and build self-esteem; Help with selecting interview appropriate clothes.

Tacoma Community House ........ 253-383-3951
www.tacomacommunityhouse.org
1314 S L St., Tacoma, WA 98405
Hours: M-Th: 8:00 am-8:00 pm, F: 8:00 am-5:00 pm
Provides assistance to immigrants ranging from English as a Second Language (ESL) and GED classes to employment services and immigration help. TCH is a nonprofit organization that provides education, employment, interpretation, immigration and social services for refugees, immigrants and English speaking adults and youth.
Vadis .................................................. 253-863-5173
www.vadis.org
1701 Elm St, Sumner, WA 98390
Hours: M - F 8:00 am - 4:30 pm
Vadis provides a variety of services designed to meet your unique employment goals. Supported Employment helps people with developmental disabilities define their career goals. Depending where you are on your career path, we offer a variety of services including job preparation, job referral and job coaching in both group and individual settings. Pathways serves young adults ages 17-21 with documented disabilities in building their career path. Careers provides adults with a wide variety of disabilities assistance in obtaining and retaining employment. You will have a job—a place to feel valued, appreciated, needed. Your life will change as you grow in your job; it will carry over into all aspects of your life as you become a better advocate for yourself and more self-confident.

Courage 360 ........................................ 253-474-9933
www.courage360.org
3516 S 47th St Ste 205, Tacoma, WA 98409
Hours: M-F: 8:00 am-5:00 pm
Courage 360 empowers women and men to create better lives for themselves and their families. We accomplish this by teaching them the skills to find—and keep—jobs that provide a genuine living wage. On the work front, Courage 360 teaches job-readiness, computer and workplace skills training. On the home front, we help with housing assistance and support services to low-income residents of Pierce and King Counties.

Vocational/Community Colleges

Bates Technical College ............. 253-680-7000
www.bates.ctc.edu
Hours: M-F 7:30 am-4:30 pm (All campuses)
Downtown Campus ....................... 253-680-7700
1101 South Yakima Avenue, Tacoma, WA 98405
Central/Mohler Campus ............... 253-680-7700
2320 So. 19th St, Tacoma, WA 98405
South Campus ............................... 253-680-7400
2201 So. 78th St., Tacoma, WA 98409
Celebrating nearly 75 years in the Tacoma and Pierce County community, Bates is an innovator. Our mission is to inspire, challenge and educate. With Bates as your educational partner, you can reinvent yourself. Today, Bates Technical College annually serves approximately 3,000 career training students and 10,000 more community members on three campuses in programs such as Continuing education, Child studies, High School, General Education and Basic studies, Business & Management Training Center, and others.

Clover Park Technical College ...... 253-589-5800
www.cptc.edu

Lakewood Campus ............................ 253-589-5800
4500 Steilacoom Blvd SW, Lakewood WA 98499
South Hill Campus ......................... 253-583-8904
17214 110th Ave E, Puyallup, WA 98374
As a vital member of Washington’s higher-education system, Clover Park Technical College offers forty programs in aerospace, advanced manufacturing, health sciences, human services, business, hospitality, science, technology, engineering, transportation and trades. Clover Park Technical College has two campuses; our main campus in Lakewood and our South Hill Campus just south of Puyallup (adjacent to Thun Field), where our aviation programs are located. Clover Park Technical College offers courses online and on campus for students getting ready for their first career, their next step within their career or new careers. CPTC is here to help students redefine education to meet their needs. The College’s rich history of professional and technical education dates to the 1940s, when the Clover Park School District established a War Production program training civilians as auto mechanics, aircraft-service mechanics, ship-fitters, welders and blueprint readers.

Pierce College .....................................
www.pierce.ctc.edu
Fort Steilacoom Campus ............... 253-964-6500
9401 Farwest Drive SW, Lakewood, WA 98498
Puyallup Campus ......................... 253-840-8400
1601 39th Avenue SE, Puyallup, WA 98374
Extended Learning ....................... 253-912-3602
9401 Farwest Drive SW, Lakewood, WA 98498
Fort Lewis Campus ....................... 253-964-6567
McChord Campus ......................... 253-964-6606
Pierce College encompasses two main campuses in Lakewood and Puyallup, education centers at Joint Base Lewis-McChord, virtual education through its distance learning program, and extensive continuing education opportunities, as well as additional programs at sites throughout Pierce County. Visit our website for a complete overview of courses offered and student life at the campuses.

Tacoma Community College ..................
www.tacomacc.edu
Tacoma Campus ......................... 253-566-5000
6501 S 19th St, Tacoma, WA 98466
Gig Harbor Campus ................. 253-460-2424
3993 Hunt Street, Gig Harbor, WA 98335
Evergreen State College-Tacoma .... 253-680-3000
1210 S 6th Ave, Tacoma, WA 98406
TCC opened its doors to students in 1965, becoming one of 34 community and technical colleges in Washington state. For more than 40 years, TCC has been committed to creating community within the college and supporting the community surrounding the college. TCC students achieve 77% placement in their chosen fields. They are helped by more than 140 local business professionals who serve as advisors for TCC’s 38 professional/technical programs. These advisors ensure that TCC always provides current, relevant instruction in the
Vocational/Community Colleges (cont’d)
following fields: Accounting; Business; Early Childhood Education - Emphasis on Children with Special Needs; Emergency Medical & Health Services; Health Information Management; Human Services; Networking and Cyber Security; Nursing; Paralegal; Radiologic Science; Respiratory Therapy.

Legal Aid Resources

Fair Housing Center of WA ........................................ 253-274-9523/888-766-8800
www.fhcwashington.org
1517 South Fawcett, #250, Tacoma
Hours: Call for days and hours open
Provides assistance with housing discrimination issues related to specific protected classes under federal, state, and local fair housing laws. Advocate for people with disabilities to obtain reasonable accommodations related to housing.

Landlord/Tenant Program (City of Tacoma)
Coordinator’s Office .......................... 253-591-5000
www.city of tacoma.org
747 Market Street, Rm 250, Tacoma, WA 98402
Hours: Walk-in Assistance W 9am-1pm
The City of Tacoma Landlord-Tenant Program is focused on improving the quality of life for the citizens of Tacoma by equipping landlords and tenants with the tools needed to sustain safe, healthy, equitable and crime free communities. The primary function of the Landlord/Tenant program is to receive, analyze, and resolve landlord-tenant disputes that arise under the Washington State Residential Landlord-Tenant Act (RCW 59.18). This service is free and available to both property owners and tenants within the Tacoma City limits. The landlord/tenant program offers services in the following areas: Information and Referral; Training; Dispute; Resolution; Rent Issues; Deposit Issues; Repair/Maintenance Issues; Building Code Violations.

NW Justice Program 253-272-7879
CLEAR - Client Intake ..1-888-201-1015/1-888-201-1014
Senior Line ................................. 1-888-387-7111
www.nwjustice.org
TACOMA OFFICE (Pierce and Kitsap Counties),
715 Tacoma Avenue South, Tacoma, WA 98402
Call for appointment and hours
NJP is Washington’s publicly funded statewide legal aid program for low income persons and groups in Washington. Through its seventeen offices and CLEAR, Washington’s centralized intake, advice and referral hotline, NJP provides free legal information, advice, limited assistance, representation, community education, outreach and other community based advocacy. NJP focuses its limited resources on high priority cases and the emergent legal needs of low income Washingtonians in housing, family safety, protection from predatory lending and other unfair or fraudulent practices, discrimination in housing, education, and employment, access to health care or subsistence benefits, or issues related to disabilities or other barriers that low income persons might experience in accessing services or the justice system itself. NJP seeks to ensure that its limited resources address issues in ways that protect the client community as a whole. Consistent with NJP’s commitment to combat injustice by improving access to our civil justice system, all NJP facilities are accessible, and NJP provides language and sign interpreters for persons needing assistance to access our services.

Pierce County District Court ............ 253-798-7487
www.piercecountywa.org
County City Building
Rm 239, 930 Tacoma Ave S, Tacoma, WA 98402
Hours: Counter M-F 8:30 am-4:00 pm
Phone - M-F 9:00 am-3:00 pm
Pierce County District Court is a court of limited jurisdiction hearing the following cases: Traffic and non-traffic infractions, Criminal and criminal-traffic misdemeanors and gross misdemeanors; Civil matters for damages for injury to individuals or personal property and contract disputes no greater than $75,000; Civil claims (‘small claims’), for recovery of money not to exceed $5,000; Name changes; Antiharassment protection orders; Stalking protection orders.

Clothing Resources

Our Father’s Kitchen Clothing Bank United
Lutheran Church .............................. 253-475-3175
www.lutheransonline.com
1231 S 76th St, Tacoma, WA 98408
Hours: W 12:00 pm - 2 pm
Located across the hall from Our Father’s Kitchen at United Lutheran Church. Free clothing, coats, and shoes. Bring photo ID. Located at far end of church.

Pat’s Clothing Closet (Trinity Presbyterian Church) ........................................... 253-272-8819
www.tpctacoma.org
1615 6th Ave, Tacoma, WA, 98405
Hours: Walk-in 5:30 pm – 7:30 pm & F, 1:00 pm – 3:00 pm
Free clothing for low income families or individuals in need of clothing.

My Sister’s Pantry First United Methodist Church of Tacoma .......................................
Contact Martha Curwen: ........... 253-627-1186
www.mysisterspantry.org/
621 Tacoma Ave, Tacoma, WA 98402
Hours: Open on 1st and 3rd M every month 5-7pm 4th Saturday of the month from 10:30am to 12:30pm (Check website for any changes to times.)
Clothing + Hot meal + Groceries. The clothing bank is set up
in a store-like fashion with clothing for adults and children. Donations of food and/or gently used clothing are accepted at the alley side basement door Tuesday-Friday 10am-3 pm. If no-one is at the door, go to the office (street side on Tacoma Avenue) or call 253 627-0129 and someone from the office will come down to receive the donation.

**TACID (Tacoma Area Coalition for Individuals with Disabilities)**...253-565-9000 ext 25
6315 South 19th St, Tacoma, WA 98466
Hours: The clothing bank is open 2nd and 4th Tuesdays at noon

**Wear It Out Real Life Family Center** 253-539-5190
www.reallifefamilycenter.com
215 166th St. S., Spanaway, WA 98387
Hours: Sat 10:00 am - 4:00 pm
Free clothing for all

**Clothing Room, Tacoma Rescue Mission**
**Downtown Campus** .....................253-383-4493
www.rescue-mission.org
425 S. Tacoma Way, Tacoma, WA 98402
Hours: M - W 9am - 5pm, Th 9 am - 8pm; F-Closed

The warehouse is open to those in need of household items such as clothing, shoes, toiletries, blankets, sheets, and cookware.

**The Bread Basket** ........................253-565-3271
www.breadbasketoutreach.blogspot.com/
3617 Bridgeportway W Ste R, University Place, WA 98464
(The Clocktower Building)
Food, clothing, some basic needs assistance on a case-by-case basis.

**Pregnancy Services**

**Care Net Pregnancy Centers**
**24/7 Helpline**.............................1-877-668-2566
www.carenetps.org

Medical Services include: Pregnancy testing, Consultations, Limited Ultrasound, Sexually Transmitted Infection (STI)/ Sexually Transmitted Disease (STD) screening for negative test patients and Ongoing care. These services are free and confidential and are offered at our centers. Also available: “Earn While You Learn” Program, Contact the Pregnancy Centers for more information.

**Gig Harbor Center**......................253-858-5585
2727 Hollycraft St., Suite 130, Gig Harbor, WA 98335
Hours: M 12:30 pm-4:30 pm, T 9:30 am-6 pm, W 9:30 am-4:30 pm, Th 9:30 am-6 pm, F closed

**Lakewood Center** .......................253-984-6222
10828 Gravelly Lake Dr SW, Ste #101, Lakewood, WA 98498
Hours: M 9:30 am-5pm, T 9am-1 pm, W 9am-5pm, Th 9:30 am -8pm, F 1pm-5pm, (Sat 10am-2pm by appt only)

**Puyallup Center** .........................253-770-8697
11102 Sunrise Blvd E, Suite 107, Puyallup, WA 98374
Hours: M - W 9am - 5pm, Th 9 am - 8pm; F-Closed

**Tacoma Center**............................253-383-2988
1924 S. Cedar St., Suite B, Tacoma, WA 98405
Hours: M 9am-8pm, TWTh 9 am-5pm, F 10:30am-3pm

**Our Lady of Guadalupe Maternity Center**
..........................253-582-3884
St Vincent dePaul
5705 Main Street SW, Lakewood, WA 98499
Hours: Mondays and Fridays-10a.m.-12 noon
Offers free of charge: layettes, car seats, diapers, formula, and clothing for babies and young children.

**Pregnancy Aid** .............................253-383-4100
902 South Market St., Tacoma. WA 98402
Hours: M, W, F: 10:00 am - 1:30 pm
We are a social service agency that provides immediate help to any woman and her family. We provide food, clothes, baby supplies, and help with rent & utilities.

**Furniture Banks**

**NW Furniture Bank** .................253-302-3868
www.nwfurniturebank.org
117 Puyallup Ave, Tacoma, WA 98421

NW Furniture Bank works on a referral basis serving families in Pierce and South King County only. A family must work with one of the pre-approved organizations or social service agencies to receive a referral. Everyone is charged a $75 processing fee with an option of delivery for a fee of $125. If you choose to pickup furniture you are required to take all items at once. This may mean one to several vehicles for transporting items. This is a ‘once only’ opportunity.

The following list is a resource to obtain furniture. Most organizations provide a voucher for referral. Clients need to contact the organization to receive an appointment.

Some of the Agencies to Call for Help:

Associated Ministries .......................253-383-3056
MDC..................................................253-383-3921
Community Health Care ....................253-597-4550
Tacoma Housing Authority ..................253-207-4400
Rescue Mission ...............................253-383-4493
Step by Step Family Support ..............253-896-0903
Phoenix Housing ..............................253-682-3401
Pierce County Alliance .......................253-572-4750
Courage 360 .....................................253-474-9933
St Vincent de Paul ..............................253-474-0519
HopeSparks Family Services ................253-565-4484
Puyallup Tribe of Indians .....................253-841-0376
Helping Hands House .......................253-848-6096
Exodus Housing ...............................253-862-6808
Catholic Community Service ..............253-471-5340
Network Ministries ............................253-474-9334
SPIPA ..............................................360-426-3990
Answers Counseling .........................253-851-1801

For more information, please visit our website at: www.nwfurniturebank.org.
Transportation

Pierce Transit ........................................... 253-581-8000
www.piercetransit.org
3701 96th St. SW, Lakewood, WA 98496
Pierce Transit connects communities with safe, reliable, customer-friendly transit options. Three Transportation Services Meet a Variety of Needs: Bus, Shuttle, Vanpool

Bus Pass Information: Call for details or visit the website for bus routes, schedules, and park n rides, fares.

Pierce Transit Shuttle: ............................... 253-581-8100
SHUTTLE is a shared-ride service for people who, because of their disability, are unable to ride a regular Pierce Transit bus. SHUTTLE provides door-to-door service, or in some instances, transportation to transit centers or bus stops to connect with regular bus service. The SHUTTLE vehicle may make several stops along the way before it arrives at your destination. SHUTTLE will take you where you want to go, within our regular service area and hours of operation, based on fixed route service. Who Is Eligible to Ride SHUTTLE? To qualify for SHUTTLE service you must meet one of the following conditions, as set by the Federal Americans with Disabilities Act: You are functionally unable to get on or off a transit bus, even with use of a wheelchair lift. You are physically unable to get to or from a regular Pierce Transit bus stop. You are unable to understand and follow transit directions or understand information signs for reasons other than language.

Transportation Assistance

Christ Episcopal Church............... 253-848-2323
210 Fifth St. SW, Puyallup, WA 98371
Hours: T-F: 8:00 am- 4:00 pm Offers bus tickets only.

Living Access Support Alliance ...... 253-581-8689
www.lasawa.org
8956 Gravelly Lake Dr., Lakewood, WA 98498
Hours: T & Th: 10:00 am - 12:00 pm
Employment or medical reasons ONLY. Must live or work in Lakewood. Provides 6 per person per year.

Health Care for the Homeless .......... 253-627-5445
2342 Tacoma Ave S, Tacoma, WA 98405
Go to Hygiene Center. Hours: M-Th: 8:00 am-12:00 noon, 1:00-4:30 pm
Homeless individuals may obtain one way bus tickets if seen at medical clinic ONLY IF IT'S DETERMINED TO BE A MEDICAL URGENT NEED. THEY ARE TRANSPORTED BY TAXI USING A VOUCHER, HOWEVER, THE PATIENT NEVER TOUCHES VOUCHER, ONLY STAFF ARE INVOLVED. PLEASE CALL FOR ADDITIONAL INFORMATION!

United Way of Pierce County.............. 2-1-1
www.uwpc.org/Transportation.htm

The following information is intended to connect you with helpful links and the available transportation resources in our community. Call 2-1-1 United Way of Pierce County’s 2-1-1 call center is a comprehensive information and referral line that connects people with essential health and human resources. Information and Referral Specialists can help direct callers to transportation resources that best fit their needs. The United Way of Pierce County 2-1-1 call center is open Monday through Friday from 8:00 a.m. to 4:00 p.m. with 24-hour voice mail. Search the 2-1-1 DATABASE online.

Around the Sound..........................253-858-7088
www.around-the-sound.net
We pick your loved one up at the door, transport to the appointment on-time, wait, and return safely. Our goal is to make sure each trip goes smoothly. We go the extra distance and even help schedule the next appointment.

To Schedule Your Trip:
ONLINE: Book online using our Trip Scheduler
CALL: 253-858-7088 We prefer reservations at least one day in advance, but can usually provide same day service.
FAX: 253-858-7044 EMAIL: dispatch@around-the-sound.net

Wheelchair Lift & Sedan Services: Medical Appointments, Hospital Discharges, Dialysis Centers, Physical Therapy Centers, Group Outings, Airport Service, Individual Requests, Same Day Requests (Based on Availability)

Security & Peace of Mind: Fully Certified and Trained Drivers, We perform background checks on all drivers, Routes & services monitored for safety and efficiency, Experienced non-emergency transportation personnel

Our Customers Include: Individuals, Alzheimers and Dementia Centers, Hospitals, Government and Social Service Agencies, Corporations, Nursing Homes and Assisted Living Facilities

Payment Methods: Cash, Credit Cards, Checks, Prepaid Transportation, Agency Accounts

Local Motion......................................253-539-8233
A local transportation company that provides special needs transportation services in Pierce County.

Paratransit.................................1-800-933-3468
4810 Auto Center Way, Bremerton, WA 98312
A non-profit agency that provides transportation for elderly, disabled and economically disadvantaged individuals. If you have a Medical Assistance card, and need transportation to a medical appointment, call Paratransit.

Sound Transit1..1-888-889-6368 or TTY 711 401
www.findaride.org
401 S Jackson St Seattle, WA 98104
The regional mass transit provider offering commuter rail, light rail and regional express buses that connect large urban centers.

Transpro.........................253-476-8726 or 888-418-2672
A special needs Transportation Company that contracts with agencies and individuals to provide rides.
**Telephone Assistance**

**Washington Telephone Assistance Program (WTAP)** ................................. 1-888-700-8880 for questions
http://www.dshs.wa.gov/wtap.shtml

To be eligible you must receive DSHS services such as TANF, GAU, GAX, Basic Food, and others. WTAP helps by discounting wireline phone service. You also receive discounted rates for disconnection fees. WTAP DOES NOT ASSIST WITH CELL PHONES.

**LifeLine Cell Phone Service** ............................. 1-888-321-5880
www.assurancewireless.com
Assurance Wireless
P.O. Box 686, Parsippany, NJ 07054
Email: ourteam@assurancewireless.com

Assurance Wireless: a cell phone service from Virgin Mobile that provides a free, wireless phone and 250 free minutes of wireless voice service monthly to eligible customers.

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**Tax Preparation**

The Pierce County Asset Building Coalition coordinates recruitment and training of tax preparation assistance volunteers and works with other organizations to make free tax preparation help available throughout Pierce County. Volunteers help prepare For information about free tax preparation help in your area during tax season call 2-1-1 or visit www.piercecountyabc.org. Free e-filing can also be done by the taxpayer him/herself by using the internet site www.icanefile.org, a trusted partner of the State of Washington. For assistance with returns for past tax years, where refunds may be awaiting a delayed filing, visit the local IRS office: 1201 Pacific Ave, Tacoma WA 253-428-3518.

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**Pet Care and Services**

**Pet Behavior Hot Line** ........................................... 253-284-5840

Provides assistance with behavioral problems with YOUR pet, NOT someone else’s pet.

**Pet Partners** .................................................. 425-679-5500
www.petpartners.org
875 124th Ave NE #101, Bellevue, WA 98040
Hours: m - F 8:30 am - 4:30 pm

Human-services organization dedicated to improving people’s health and well-being through positive interactions with animals. People are healthier and happier because companion, service and therapy animals enrich and positively impact their everyday lives.

**Humane Society of Tacoma and Pierce County** .......................... 253-383-2733
www.thehumanesociety.org
2608 Center Street, Tacoma 98409
Hours: M - W 9:30 am - 5:30 pm; Th 11:00 am - 5:30 pm; F 9:30am - 5:30pm; Sat 9:00 am - 4:30 pm
Shelter Hours: M - W 9:30 am - 6:00 pm; Th 11:00 am - 6:00 pm; F 9:30 am - 6:00 pm; Sat 9:00 am - 5:00 pm

Dedicated to providing services which advance the welfare of animals and promote positive relationships between animals and people. Pets are available for adoption. The Humane Society has an Emergency Food Bank (EFB) of pet food to those who are in temporary need of dog or cat food ONCE PER MONTH. OPEN MONDAY - FRIDAY 12 - 4PM SATURDAY 9 - 11AM Call or check website for additional information.

**Noah’s Pet Project** ..................................................
NO PHONE NUMBER AVAILABLE
www.noahspetproject.org
1624 Tacoma Ave S, Tacoma, WA 98402
(Located next To Nature, South end of the building.)
Hours: CLINIC IS OPEN ON THE 2ND SUNDAY OF EVERY MONTH; CLINIC TIME: 12 - 2 PM; A VOLUNTEER WILL BE PRESENT AT 9:00 AM FOR SIGN UP.

Treat companion pets only. A companion pet is an animal that lives with you. Will treat only 2 pets per family per visit. Everyone is signed up on one list. We will ask if this is your pet’s first visit and get basic information. There are no appointments. We try and see you on a first come, first served basis but sometimes a sick or injured pet must be seen first. Treat spayed or neutered pets only. Our mission is to provide preventative care like immunizations and episodic care like treating a cold or skin condition. Returning for shots or flea treatment: Each pet must be seen by our vet initially; on most return visits a vet technician will see your pet. We do nail clipping during the clinic as time becomes available. If you are returning for flea treatment only let a volunteer know as soon as possible. We are here to assist you in making sure your pet has a loving, healthy life. If you need pet food please make sure you tell us when we first take your name. Please see our website for more detailed information.
FISH Food Banks

All FISH Food Banks operate on a walk-in basis. No zip code restriction. You will need to provide name, date of birth, address and zip code. ID preferred, no one in need turned away. You may visit once every 7 days.

FISH Food Bank Locations

- **Browns Point FISH**
  at Browns Point United Methodist Church
  5339 Browns Point Blvd NE, Tacoma 98422
  Hours: Fri: 4:30-6:00 pm
  (253) 886-2463

- **Edgewood Community FISH**
  at Mountain View Lutheran Church
  3607 122nd Ave East, Suite B, Edgewood 98372
  Hours: Thu: 3:30-6:30 pm; Sat: 11:00 am-2:00 pm
  (253) 826-4654

- **Graham/South Hill FISH**
  at Holy Disciples Catholic Church
  10425 187th St East, Puyallup 98374
  Hours: Mon/Fri: 10:00 am 1:30 pm; Wed: 2:00-6:00 pm
  (253) 846-3805

- **Jackson Street FISH**
  at St. Andrew’s Episcopal Church
  7410 South 12th St, Tacoma 98465
  Hours: Last Wed of month: 5:00-7:00 pm
  (253) 383-3164

- **Lakes Area FISH**
  at United Methodist Church at Lakewood
  6900 Steilacoom Blvd SW, Lakewood 98499
  Hours: Mon: 2:00-6:00 pm; Wed/Fri: 1:00-5:00 pm
  (253) 581-1116

- **Northwest Tacoma FISH**
  at Mason United Methodist Church
  2710 North Madison St, Tacoma 98407
  Hours: Wed: 12:00-4:00 pm; Sat: 11:30-3:00 pm
  (253) 756-4974

- **Southeast Tacoma FISH**
  at Lutheran Church of Christ the King
  1704 East 85th, Tacoma 98445
  Hours: Mon/Fri: 11:00 am-4:00 pm; Wed: 11:00 am-6:00 pm
  (253) 531-4530

**FISH Mobile Food Bank Sites**

**Monday**

1:00-3:00pm
Bethlehem Lutheran Church
101 E 38th St, Tacoma 98404

4:30-6:30pm
Giaudrone Middle School
4902 S Alaska St, Tacoma 98408

**Tuesday**

1:00-3:00pm
STAR Center
3873 S 66th St, Tacoma 98409

4:30-6:30pm
FORMER Spanaway Elementary School
215 166th St S, Spanaway 98387

**Wednesday**

1:00-3:00pm
Roy Community Center
112 E 3rd St, Roy 98580

4:30-6:30pm
Bethel High School
22215 38th Ave E, Spanaway 98387

**Thursday**

1:00-3:00pm
King’s Barber Shop
8202 Maple St, Lakewood 98498

4:30-6:30pm
Woodbrook American Lake Building
14721 Murray Rd SW, Lakewood 98439

**Friday**

1:00-3:00pm
Purdy Cost Less Pharmacy
14218 92nd Ave NW, gig Harbor 98329

4:30-6:30pm
Church of Jesus Christ of Latter-day Saints
12521 134 Ave KPN, Key Peninsula 98329
Other Food Banks by Zip Code

98304, 98328, 98330
Eatonville Family Agency .........................360-832-6805
305 W Center St., Eatonville, WA 98328
Hours: M-W-Th-F 9:00 am – 12:00 pm; 1:00 pm – 2:00 pm;
Eatonville school district residents; Proof of address, photo
ID & HH member proof required

Living Word Assembly of God
(St. Joseph Storehouse) .............................360-832-4220
570 Eatonville HWY West, Eatonville, WA 98328
Hours: T 10:00 am – 1:00 pm
No restrictions listed

98321, 98323, 98385, 98396
Buckley Kiwanis Food Bank ........................360-829-0175
127 North River (Buckley Hall), Buckley, WA 98321
Hours: W 9:00 am – 2:00 pm & F 9:00 am – 12:00 pm
White River School District only; If new, bring ID, proof of
residence in WRSD & ID for other household members

98329, 98332, 98333 98335, 98349, 98351,98357, 98359, 98394, 98349
Peninsula FISH .........................................253-858-6179
6617 38th Ave NW Gig Harbor, WA 98335
Hours: M & F 9:30 am – 3:30 pm; W & Th 9:30 am – 6:00 pm
One time per month for over 55 & disabled, current proof of
address and ID needed

98329, 98349, 98351, 98394 or 98395.
Key Peninsula Community Services Food Bank
..............................................................253-884-4440
17015 9th St. Ct KPN, Lakebay, WA 98349
Food Basket Hours: Tuesday - 10AM - 11:45AM & 12:45PM
- 3PM, Wednesday - 10AM - 11:45AM & 12:45PM - 3:45PM,
Thursday - 10AM - 11:45AM & 12:45PM - 3PM, Friday - 10AM -
11:45AM & 12:45PM - 3PM.
Bread Closet Hours: Tuesday - 10AM - Noon & 12:45PM -
4PM, Wednesday - 10AM - Noon & 12:45PM - 6PM, Thursday
- 10AM - Noon & 12:45PM - 4PM, Friday - 10AM - Noon &
12:45PM - 4PM
Zip Code must be one of the following: 98329, 98349, 98351,
98394 or 98395.
1st visit Required Documents Needed: Picture ID for person
registering, 1 piece of CURRENT mail (within 30 days) with
your Physical Address and registering clients name on it.
Required Information Needed: Names and Birthdates of
ALL Household Members claimed, Income amounts for ALL
Household Members claimed over the age of 18. Absolutely
NO EXCEPTIONS for Required Items

98338
Harvest House .........................................360-893-6842
13314 224th St. E., Graham, WA 98338
Hours: Sat 9:30 am – 12:00 pm
Anyone is welcome to receive food two times per month,
during our hours of operation. Please bring photo ID during
your first visit.

98354
Fife/Milton/Edgewood ...............................253-922-0960
(St Martin’s Catholic Church)
M, W & F - Call for appointment between 9 a.m. and 12 noon
Call prior to pick up; Appointments between 12:30 and 2 p.m.
If new, picture ID and proof of local residency needed

98360
Orting Food Bank ......................................360-893-0095
224 Washington Ave SE, Orting, WA 98360
Hours: M 3:00-6:00 pm; W 12:00 pm – 3:00 pm; F 9:00 am –
12:00 pm (By appointment only. Call for openings.)
Must be low income and live in the 98360 zip code or anyone in
the Orting School District. Provides home delivery to temporarily
or permanently homebound seniors and disabled adults.

98371, 98372, 98373, 98375
All Saints Community Services ..........................360-893-0095
204 6th Ave SW, Puyallup, WA 98371
Hours: M-T-W-Th 10:00 am – 12:00 pm, 1:00 pm – 3:00 pm
Food distributed by appointment only. Call for openings.
Must be low income and live in the 98360 zip code or anyone in
the Orting School District. Provides home delivery to temporarily
or permanently homebound seniors and disabled adults.

98372
Puyallup Valley Food Bank ..........................253-848-5240
110 23rd Street South East, Puyallup, WA 98372
M-T-W- & F 12:00 pm – 4:00 pm
Th 5:30 pm – 7:30 pm (Last of month)
By appointment only, provide proof of address for each adult

98354, 98360, 98371, 98372, 98373, 98374, 98375, 398391, 98405
Salvation Army Food Bank – Puyallup .........253-841-1491
www.salvationarmypuyallup.org
4009 9th St. SW, Puyallup, WA 98373
Hours: M-T-Th-F 9:00 am – 11:00 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide
address for everyone in house, ID needed

98387, 98445
Spanaway FISH Food Bank .........................253-383-1817
www.spanawaylutheran.org
16001 A St., Spanaway, WA 98387
Hours: M-W-F 1:00-2:00 pm
By appointment only; Once a month

98388
WLSA Food Pantry (Steilacoom) .....................253-581-1076
1314 Nisqually St, Steilacoom, WA 98388
Second Wed & fourth Sat, 10-11:30 am;
Call for appointment
Must live within the Historical Steilacoom School District boundaries; Also serves DuPont, Anderson Island and some 98498; Clients must call after 9 a.m. to reserve a spot; Emergency bags are provided during the month for those experiencing a temporary crisis.

98390, 98391
Bonney Lake........................................253-863-4043
Next to Fire Station - T & Th 10:00 am - 1:00 pm
Prairie Ridge Location - W 10:00 am & F 5:00 pm to 7:00 pm
No walk-ins after 11:45 am. Proof of address and photo ID required.

St. Andrews Emmanuel Food Bank ........253-863-3655
1401 Valley Ave E, Sumner, WA 98390
Hours: T & F 10:00 am – 12:00 pm; W 3:00 pm – 6:00 pm
Need to bring picture ID and proof of address; Serves Sumner School District and homeless

Sumner Food Bank ................................253-863-3793
15625 E. Main St., Sumner, WA 98390
By Appointment: M-T-W-F 12:30 am - 3:00 pm; Th 5:00 pm – 7:00 pm; Must live in Sumner or Lake Tapps, 98390 or 98391 - 10:30 am – 12:30 pm
First and Third Monday, Fourth Saturday

Pregnancy Aid .....................................253-383-4100
902 Market St., Tacoma, WA 98402
Hours: M-W-F 10:00 am – 1:30 pm
No restrictions listed

98404
TACS Special Diet..................................253-272-8289
3108 Portland Ave, Tacoma, WA 98404
Hours: M-Th 10:00 am – 2:45 pm
No restrictions listed

Southeast Asian Diets .........................253-472-7264
Holy Family of Jesus Cambodian Church
1427 E 40th St. Tacoma 98404
By appointment only
Last Sunday of each month #’s are given out @ 12:30pm/ Food District. 3pm-5:30pm

Eloise Cooking Pot ..............................253-426-1994
(Making a Difference Foundation)
3543 East McKinley Ave, Tacoma, WA 98404
Tuesday: 11:30 pm-4:30 pm (Home deliveries to seniors 11 am-2pm)
Thursday: 9 am-5 pm (Bag Service Only)
Friday:11:30 am-4:30 pm (Home deliveries to seniors 11am-2pm)
Saturday:10:30 am-3:30 pm (Home deliveries 11am-2pm)
ID required

Gateway Church .................................253-537-6619
7310 12th Ave E, Tacoma, WA 98404

Food Connection- Spring Brook Mobile Food Bank
Call 253-383-5048 Carla Tillery for more information
Spring Brook Park
Saturday, 11am-3pm

New Jerusalem Food Bank ....................253-572-6785
1101 South J street, Tacoma, WA 98405
Hours: T 11:00 am – 1:00 pm; Sat 11:00 am – 2:00 pm
Call first, once a month, emergencies case by case, ID, proof of residence

Salvation Army Food Bank – Tacoma......253-841-1491
www.salvationarmytacoma.org
1501 6th Ave, Tacoma, WA 98405
Hours: T-F 10:30 am – 3:00 pm
Must apply in person; If app is completed and turned in by 2:30 p.m. will be seen same day; Photo ID, Social Security card and proof of residency needed

Allen AME Food Pantry ......................253-627-6855
1223 Martin Luther King Jr. Way, Tacoma, WA 98405
Hours: T & Th10:00 am – 1:00 pm
Homeless 1x Week; needs picture ID, Blue Allen Food Bank ID card

Bounty Food Bank .............................253-475-7098
5634 South Park, Tacoma, WA 98408
Hours: M 9:00 am – 11:00 am
Need current address with zip code

Network Tacoma ..............................253-474-9334
Location: 5435 S. M St., Tacoma, WA 98408
Hours: T 1:00 pm – 2:00 pm
No restrictions listed

Bread of Life Ministries Food Bank (Lakewood)
.........................................................253-582-2515
8810 Lawndale Ave SW, Lakewood, WA 98498
Hours: Th 1:00 pm – 5:00 pm
No restrictions listed
98433, 98439, 98499
Prince of Peace Food Bank ..........................253-584-2565
10333 Bridgeport Way SW, Lakewood, WA 98499
Hours: T 12:00 pm – 3:00 pm
Need to bring proof of address and ID

98439, 98498
Tillicum/Woodbrook Community Center Food Bank .................................................................253-584-1280
14916 Washington Ave SW, Lakewood, WA 98498
Hours: M-W-F 1:00 pm - 2:00 pm
Serves Tillicum and Woodbrook residents only; Bring proof of residency and ID or SS cards for all HH members; Make appointment between 9 & 11 am to schedule same-day pickup between 1 and 2 pm

98444, 98445, 98447
Parkland First Baptist Food Bank ..............253-535-1293
11222 10th Ave S., Tacoma, WA 98444
Hours: T & Th 11:00 am – 3:00 pm
Once a month, emergencies case by case, current proof of residency and picture ID

98444, 98445
Trinity Lutheran Church Food Pantry .......253-537-0201
12115 Park Avenue South, Tacoma, WA 98444
Hours: T & F 11:00 am – 3:00 pm
No restrictions listed

98445
Spanaway F.I.S.H. Food Bank .....................253-383-1817
www.spanawaylutheran.org
1600 A St, Spanaway, WA 98387
Hours: M, W & F by appointment 1pm-2pm
Limits- Once a month

98465, 98466, 98467
University Place Food Bank ......................253-460-3134
2610 Sunset Dr. W, University Place, WA 98466
Hours: T 12:00-3:00 pm; Th 3:30 pm – 5:00 pm; Sat 10:00 am – 12:00 pm
No restrictions listed

98406, 98407, 98465, 98466, 98467
St. Charles Borromeo Parish ....................253-565-7655
Call T & TH 9:30 am-11 am
Call during listed hours until someone answers the phone or leave a message. Provides help with food and utilities.

JBLM & McChord Zip Codes: 98303, 98327,
98388, 98433m 98438, 98439, 98498 & 98499
JBLM (Ft Lewis)
Bread of Life Ministries Food Bank ............253-582-2515
8810 Lawndale Ave SW, Lakewood, WA 98498
Hours: Th 1:00 pm – 5:00 pm
Serves Fort Lewis & McChord and zip codes. Requires proof of address and EBT card and proof for all HH members; Closed beginning of July and Christmas-to-New Year’s holiday

98499
Samoan Family Services ...........................253-535-9616
3624 Steilacoom BLVD SW, Lakewood, WA 98499
Hours: T 9:30 am – Done, 1:00 pm – Done
No restrictions listed

JBLM (Ft Lewis)
Bread of Life Ministries Food Bank ............253-582-2515
8810 Lawndale Ave SW, Lakewood, WA 98498
Hours: Th 1:00 pm – 5:00 pm
Serves Fort Lewis & McChord and zip codes. Requires proof of address and EBT card and proof for all HH members; Closed beginning of July and Christmas-to-New Year’s holiday

98499
Samoan Family Services ...........................253-535-9616
3624 Steilacoom BLVD SW, Lakewood, WA 98499
Hours: T 9:30 am – Done, 1:00 pm – Done
No restrictions listed

Food Banks Serving All of Pierce County
Allen AME Food Pantry .............................253-627-6855
1223 Martin Luther King Jr. Way, Tacoma, WA 98405
Hours: T & Th: 10:00 am – 1:00 pm
Homeless 1x Week; needs picture ID, Blue Allen Food Bank ID card

B.A.S.H. .................................................253-531-9600
(Bikers Against Statewide Hunger)
118 – 141st St Ct. S., Tacoma, WA 98444
Hours: W & Th 10:00 am – 2:00 pm
ID and proof of residency, Emergencies case by case. BASH also has a Delivery Food Bank for people who can not come in to the food bank. You must register in person first and sign up.

Food Connection .......................................253-383-5048
323 South Yakima, Tacoma, WA 98405
Hours: T & Th 12:00 pm – 3:30 pm, 4:30 pm – 6:00 pm; W 9:30 am -11:00 am, 12:00 pm – 3:30 pm; F 9:30 am -11:00 am, 12:00 pm – 3:30 pm; Sat 9:30 am -11:00 am, 12:00 pm – 1:30 pm
No restrictions listed

Harvest House .......................................360-893-6842
13314 224th St. E, Graham, WA 98338
Hours: Sat 9:30 am – 12:00 pm
Two visits per access for disabled, emergencies case by case, proof of residence for first visit

My Sister’s Pantry .....................................253-627-1186
621 Tacoma Ave, Tacoma, WA 98402
Hours: M 5:00 pm – 7:00 pm; S 10:30 am – 12:30 pm
1st & 3rd Monday & 4th Saturday

Pregnancy Aid .........................................253-383-4100
902 Market St., Tacoma, WA 98402
Hours: M, W, & Th 10:00 am – 1:30 pm
No restrictions listed

Food Banks (cont’d)
Salvation Army Food Bank – Puyallup ....253-841-1491
4009 9th St. SW, Puyallup, WA 98373
Hours: M 9:00 am – 11:30 am, 1:00 pm – 2:30 pm; T & Th 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide address for everyone in house, ID needed

University Place Food Bank.......................253-460-3134
2610 Sunset Dr. W, University Place, WA 98466
Hours: T 12:00-3:00 pm; Th 3:30 pm – 5:00 pm; Sat 10:00 am – 12:00 pm
No restrictions listed

Delivery Food Banks

All Saints Community Service...............253-848-2000
204 6th Ave SW, Puyallup, WA 98371
Hours: M-Th 10:00 am – 12:00 pm, 1:00 pm – 3:00 pm
Once a month, call for deliveries

Eloise Cooking Pot .........................253-426-1994
(Making a Difference Foundation)
3543 East McKinley Ave, Tacoma, WA 98404
Hours: T 11:00 – 2:00 pm (Home deliveries - seniors)
Sat 11:00 pm – 2:00 pm (Home deliveries - seniors & disabled)
ID required

Commodities

Bonney Lake Food Bank ......................253-863-4043
18409 Old Buckley Hwy, Bonney Lake, WA 98390
Hours: T & F 10:00 am – 1:00 pm, 5:00 pm – 7:00 pm: W & Th 10:00 am – 1:00 pm
Emergencies case by case

Eatonville Food Bank.......................360-832-6805
305 Center St, Eatonville, WA 98328
Hours: M & F 9:00 am – 12:00 pm, 1:00 pm – 2:00 pm
W & Th 9:00 am – 3:00 pm
Twice a month, emergencies case by case, ID needed

Orting Food Bank.........................360-893-0095
224 Washington Ave S, Orting, WA 98360
Hours: M 3:00-6:00 pm: W 12:00 pm – 3:00 pm; F 9:00 am – 12:00 pm
Once per month, need proof of living in Pierce County

Prince of Peace Food Bank
10333 Bridgeport Way SW, Lakewood, WA 98499
Hours: T 12:00 pm – 3:00 pm
Need to bring proof of address and ID

Puyallup Valley Food Bank..................253-848-5240
110 23rd Street South East, Puyallup, 98372
Hours: M, T, W, F 12:00 pm – 4:00 pm;
Th 5:30 pm – 7:30 pm Last of month
By appointment only, provide proof of address for each adult

Hours: W 9:30 am – 1:00 pm; Th & Sat 2:00 pm – 3:00 pm
Call for appointment, twice a month

Salvation Army Food Bank – Puyallup ....253-841-1491
4009 9th St. SW, Puyallup, WA 98373
Hours: M, T, & Th 9:00 am – 11:30 am, 1:00 pm – 2:30 pm
One time per month, must live in service area and provide address for everyone in house, ID needed

Spanaway FISH Food Bank....................253-383-1817
16001 A St., Spanaway, WA 98387
Hours: M, W, & F 1:00-2:00 pm
By appointment only; first come first serve basis

WLSA Food Pantry (Steilacoom) ..........253-581-1076
1603 Rainier Street, Steilacoom, WA 98388
Hours: W 9:30 am – 12:00 pm; Sat 10:00 am – 11:30 am
2nd and 4th Saturdays of month

Hot Meal Sites

Eatonville Food Bank.......................360-832-6805
305 Center St, Eatonville, WA 98328

Hospitality Kitchen .........................253-502-2761
1323 South Yakima, Tacoma, WA 98405
Hours: M 6:30 am – 12:30 pm
T & W 6:30 am – 5:00 pm; Th & F 6:30 am – 12:30 pm

My Sister’s Pantry .........................253-627-1186
621 Tacoma Ave, Tacoma, WA 98402
Hours: M 5:00 pm – 7:00 pm
Sat 10:30 am – 12:30 pm
1st & 3rd Monday, 4th Sat

Salvation Army Food Bank – Puyallup ....253-841-1491
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<td>St. John Bosco</td>
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<td>St. Leo Parish</td>
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<td>YWCA Women’s Support Shelter</td>
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## Quick Reference Important Phone Numbers

- **United Way Helpline** .................................................................................. 211 / 1-877-211-9274 / 253-572-4357
- **An Information and Referral Service** ....................................................... TTY 882-1828
- **Addiction Referral Network** ...................................................................... 1-800-577-4393
- **Alcohol and Drug Helpline** ....................................................................... 1-800-562-1240
- **Child Abuse Prevention Resources** ............................................................ 1-800-422-4453
- **Child Protective Services (CPS)** ................................................................ 1-800-762-4902
- **Consumer Counseling NW** ......................................................................... 253-588-1858 / 1-800-244-1183
- **Domestic Violence Helpline** ...................................................................... 1-800-562-6025
- **Mental Health Crisis Line** ........................................................................ 1-800-576-7764 / 253-798-4333
- **Narcotics Anonymous** ................................................................................ 253-531-8792
- **NW Justice Program** .................................................................................. 1-888-201-1014
- **Pierce County Sheriff Non-Emergency Line** .............................................. 253-798-4721 ext 3
- **Senior Information and Assistance** ............................................................ 253-798-4600 / 1-800-562-0332
- **Sexual Assault Crisis Line** ....................................................................... 1-800-756-7273
Family Emergency Fund

Program Description: The Family Emergency Fund at Associated Ministries is used for small grants ($100 or less) given out to assist individuals with unique needs that other agencies and outreach programs are not designed to meet such as screening fees, help with car tabs and IDs/licenses; special items needed for jobs or education, such as a lab coat or work boots; medical equipment (small); food handlers cards, birth certificates, and copies of transcripts, etc. This fund does NOT cover the following: rental/deposit/mortgage assistance and utility assistance; hotel vouchers; storage and other regular monthly bills; transportation assistance (such as bus tickets or gas vouchers); court and traffic fines or fees; and funeral expenses. An individual can only be assisted up to two times per calendar year (please note that annual costs such as assistance with car tabs are covered only once every 2 years rather than annually).

Eligibility criteria: Anyone can apply for assistance. An individual can only be assisted up to two times per calendar year.

Office Hours: M, T, TH, & F 1 pm-3 pm
Contact Information: 253-383-3056 ext 109

Homeless Mail Services

Program Description: Associated Ministries provides a mailing address and services for homeless individuals and families to help them stabilize their lives.

Eligibility Criteria: Services must be set up at your local DSHS office.

Office Hours: M, T, TH, & F 1 pm-3 pm
The Homeless Mail Office: Closed on Wednesdays and on the 1st business day of the month.
Contact Information: 235-383-3056 ext 144

Representative and Protective Payee Services

Program Description: Associated Ministries offers financial management services for DSHS, SPIPA and Social Security recipients having difficulty managing their own finances.

Eligibility Criteria: DSHS recipients are referred directly from DSHS, SPIPA recipients are referred directly from SPIPA, and Social Security recipients set up services with us directly.

Office Hours: M, T, TH, & F 1 pm-3 pm
Closed on Wednesdays and the 1st business day of the month.
Contact Information: 253-383-3056 ext 109

Disaster Response Care Teams

Program Description: Disaster Response Care Teams provide emotional, practical and spiritual support to survivors of local disasters who have been temporarily displaced from their homes. Care Team members meet with individuals and families in shelter settings to provide a calming presence and advocate for their needs.

Eligibility criteria: Anyone is eligible for this service if they find themselves displaced from their home and residing in an emergency shelter during a natural disaster.

Office hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516; amya@associatedminities.org

Volunteer Income Tax Assistance

Program Description: Volunteer Income Tax Assistance (VITA) provides free income tax preparation to low and moderate income households at various locations throughout Pierce County. Services take place from February 1st through April 15th. Volunteer tax preparers are sometimes available for off-season tax help by appointment.

Eligibility criteria: Income limits are set by the IRS each year. In 2016, the household income limit was $54,000. Some tax sites take walk-in clients; others schedule taxpayers by appointment. Note: some complicated tax situations may be beyond the skills of volunteer tax preparers.

Office hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516; amya@associatedminities.org

Paint Tacoma-Pierce Beautiful

Program Description: Paint Tacoma-Pierce Beautiful provides free exterior house painting to low-income homeowners during the summer months. Homeowners pay nothing because Paint Beautiful supplies the paint and volunteers provide the labor. Homeowners are encouraged to involve their family and friends as volunteers in the paint project.

Eligibility criteria: Houses should be owner-occupied (no rentals) and not in foreclosure. Homeowners should live in the City of Tacoma. Household income should be less than 80% of area median income, based on family size.

Office hours: M-F 9 am – 5 pm
Contact information: Amy Allison 253-426-1516; amya@associatedminities.org