2021
Community Resource Guide
Tacoma-Pierce County

901 S. 13th Street
Tacoma, WA  98405
253-383-3056
www.associatedministries.org

Updated 8/6/2021
About Associated Ministries

At Associated Ministries, our vision is for a deeply engaged community, especially among partners from all faith traditions, to bring about the transformation of our community so that all can thrive.

Our programs endeavor to effectively walk alongside those who come to us for services as they emerge out of crisis, find paths out of poverty into personal stability, and aspire to build a foundation of skill, social connections and financial assets.

Associated Ministries’ Programs & Supportive Services

Coordinated Entry System (CES) Dial *211

-CES is Pierce County’s homeless crisis response system, co-managed by AM. It offers multiple points of entry for households experiencing homelessness to become prioritized to receive housing services.

Family Permanent Housing Dial *211

Rapidly re-houses individuals and families experiencing homelessness. Referrals to participate must come through the Coordinated Entry System.

Landlord Liaison Project (253)383-3056 ext. 157

Increases access to affordable housing for Pierce County’s coordinated Entry System by connecting tenant-ready renters with housing opportunities provided by property owners and managers, offering alternative screening options.

Protective Payee Services (253)383-3056 ext. 109

Helps households receiving DSHS and SSI benefits to better manage their budget and assure that rent and other expenses are paid, ensuring their stability.

Homeless Mail Services (253)383-3056 ext.144

Provides a fixed mailing address and other services to offer stability to those experiencing homelessness; referral from DSHS is required to participate.

Community Resources Connection Center (253)383-3056 ext. 128

Provides unique supportive services and resources that complement AM programs and also helps other community members maintain stability and build assets.

Give a Gift & Change a Life

Our desire is to help create a community where no one is homeless, hungry or vulnerable!

Your gifts provides compassionate care for men, women and children in need throughout Pierce County. Your support for the work of Associated Ministries makes a real difference in the lives of people facing huge challenges. Consider leaving a gift to AM in your will. By taking this step today, you will create a brighter future for vulnerable people. Ask us how! To Give a Gift, visit associatedministries.org or call (253)426-1507.
# Table of Contents

- Emergency Shelters .............................................. 1
- Domestic Violence Shelters ................................. 1
- Housing Authorities ............................................ 2
- Housing Services ............................................... 2
- Low Income Home Ownership .............................. 5
- Services for the Homeless ................................. 6
- Drug & Alcohol Treatment & Recovery Services ..... 7
- Medical Care ...................................................... 9
- Dental Care ....................................................... 12
- Mental Health Care ............................................. 14
- HIV/AIDS Resources ........................................... 16
- Prescription Assistance ...................................... 17
- Services for Disabled ......................................... 17
- Child Care ......................................................... 20
- Education, Employment & Job Training ............... 20
- Vocational/ Community Colleges ......................... 22
- Legal Aid Resources ............................................ 23
- Clothing Resources ............................................. 24
- Pregnancy Services ............................................. 24
- Furniture Banks ............................................... 25
- Transportation ................................................... 25
- Transportation Assistance ................................. 26
- Pet Care & Services ............................................. 26
- Telephone Assistance ......................................... 27
- Food Banks ......................................................... 27
- Mobile food Banks .............................................. 29
Quick Reference Important Phone Numbers

United Way Helpline .............................................. (253)572-4357/2-1-1
An Information and Referral Service TTY ................. (253)882-1828
Addiction Referral Network .................................. 1(800)577-4393
Alcohol and Drug Helpline .................................. 1(800)562-1240
Child Abuse Prevention Resources ....................... 1(800)422-4453
Child Protective Services (CPS) ............................ 1(800)762-4902
Consumer Counseling ........................................ (253)588-1858
Domestic Violence Helpline ............................... 1(800)562-6025
Mental Health Crisis Line .................................... 1(800)576-7764/ (253)798-4333
Narcotics Anonymous ........................................ (253)531-8792
NW Justice Program ............................................. 1(888)201-1014
Pierce County Sheriff Non-Emergency Line ........... (253)798-4721 ext. 3
Senior Information and Assistance ....................... (253)798-4600/ 1(800)562-0332
Sexual Assault Crisis Line ................................. 1(800)756-7273
Emergency Shelters

Catholic Community Services
(253)502-2770 | www.ccsww.org
South 14th Street, Tacoma WA 98405
Hours: Day Center 7am-4:30pm | Overnight Shelter 4:30pm-7am, 7 Days a week
Day Center provided breakfast, lunch and other services except bus tickets. Overnight guest are asked to arrive at or after 4:30pm, sign in and wait until name called for beds. Guest are admitted from 5:30pm- 8pm. There is no guarantee that beds will be available. For housing at Nativity house apartments, clients must be accessed by coordinated entry.

Tacoma Rescue Mission- Family Shelter
(253)383-4493 | www.trm.org
425 S Tacoma Way, Tacoma, WA 98402
Hours: Mon-Fri 9am-5pm | Lunch Mon, Wed, Fri 12:30pm | Clothing Bank 1:30pm-3:30pm
Meals are provided at our downtown campus daily. These meals are open to men, women and children. Breakfast: 7:30am – 8:15pm. Dinner: 5pm – 6pm. To apply for the men’s program, call the front desk and ask about our New Life recovery program. To apply for the women & family New Life Program, call the program manager and ask for details

Domestic Violence Shelters

Korean Women’s Association
(253)359-0470 | www.kwacares.org
KWA serves women with children who are in domestic violence situations. 30 day emergency.

YWCA Emergency Shelter
(253)383-2593 | crisis@ywcapiercecounty.org | www.ywcapiercecounty.org
Emergency shelter is for individuals (Men and Women) and families escaping domestic violence. Stay up to three months, confidential program. All services require an intake process except for the Community Advocate who will see walk-ins.

YWCA Housing Program
(253)272-4181 ext. 229
Hours: 8am-5:30pm
Survivors of domestic violence with children or who are pregnant who qualify for Section 8 having received crisis intervention prior to applying for program. Preference given to YWCA shelter residents first, then referrals from other DV shelters.

Crystal Judson Family Justice Center
(253)398-4166 | www.aplaceofhelp.org
718 Court E, Tacoma, WA 98402
the justice center serves the needs of domestic violence victims and their children by providing comprehensive victim services in one central and safe location in downtown Tacoma. Services provided include but are not limited to civil legal support, Protection orders, support groups, safety planning, and division of child support assistance, Spiritual support, housing transportation, victim support in criminal cases and other emergency assistance. Interpretation services are available to non-English speaking clients.
Housing Authorities

Pierce County Housing Authority  
(253)620-5400 | www.pchawa.org  
603 South Polk Street, Tacoma WA 98444  
The application process for PCHA is closed at this time. Openings will be announced on the PCHA website, in the local media at public libraries and at various community agencies. Applications are now completed online only.

Tacoma Housing Authority  
(253)207-4400 | www.tacomahousing.net  
902 S L Street, Tacoma, WA 98405  
THA administers thee programs for low-income families: Housing Choice Voucher Program (formerly section 8), Housing Opportunities Program (HOP) and Public Housing Program. Waiting list is long but a good source of low-income housing when available.

Housing Service

TacomaProBono Community Lawyer  
(253)572-5134 ext. 102 | hjp@tacomaprobono.org | www.tacomaprobono.org  
621 Tacoma Ave S, Suite 303 Tacoma, WA 98402  
The best way to contact our program at this time is through the online intake form. Tacomaprobono changes lives, fights systemic racism and works against chronic poverty by providing access to timely, effective, professional civil legal aid services for low-income clients. We are focused on providing efficient, dignified solutions to legal issues affecting basic human needs such as housing and family safety.

Coordinated Entry  
As part of Coordinated Entry, a Coordinated Entry Specialist may work one on one with individuals to create a housing plan. Services will include but are not limited to, referrals to housing programs or help with one-time assistance for independent housing.  
Ways to access CE:  
1. Dial 211 to schedule a Coordinated Entry Conversation with one of the many CE Specialists across the county  
2. Complete an Online Submission through Associated Ministries website:  
   http://associatedministries.org/ces/  
3. Walk-up services available throughout the county, visit this link for the current On-Demand locations:  
   http://pchomeless.org/Facilities/Openings

Salvation Army of Tacoma  
(253)572-8452 | https://northwest.salvationarmy.org/  
1521 6th Ave, Tacoma 98405  
Hours: M-F 9am-3pm (Closed 12pm-1pm)  
MUST CALL Coordinated Entry (dial *211) for assessment appointment first for housing and homeless services. Salvation Army provides emergency shelter and transitional living housing for singles and families with children on a temporary basis for varying amounts of time and when space is available; domestic violence support; resource references; assistance with rent, utilities, gas, electric and oil; monitors court-ordered volunteer service; case management for families and single women; employment assistance; 6-month ARC (Drug and alcohol) treatment; food and clothing banks.

Helping Hand House  
(253)848-6096 | www.helpinghandhouse.org/
Helping Hand House provides emergency shelter and housing solutions to families in our community, ending their crisis of homelessness. We provide urgent relief with trust, dignity, respect and compassion while we help them secure their new home – helping moms, dads, and kids rekindle their hope for a better future.

Living Access Support Alliance (LASA)
*211 | www.lasapierce.org/
8956 Gravelly Lake Dr. SW, Lakewood 98499
Hours: M-F 9am-4pm
MUST CALL Coordinated Entry (dial *211) for assessment appointment first for housing and homeless services.
Short term shelter housing provides families with safe apartments with stays of up to 30 days. Phone and utility services are included as well as case management that is focused on the immediate needs of the family. Transitional Housing provides families their own apartment or townhouse for 12 to 24 months. Families pay 30% of their eligible income which will cover the apartment and utilities and case management to help families focus on long-term goals and move from homelessness to self-sufficiency. LASA also has permanent supportive housing for families with disabilities.

Outreach Program (Utility Assistance)
(253)582-5320
Hours: Tuesday & Thursday, 10am-12pm

Family Housing Network (Catholic Community Services of Western Washington)
5050 S Tacoma Way, Tacoma, WA 98409
Hours: Mon, Tues, Thurs, and Fri 9am-4pm | Wed 12pm-6pm
MUST CALL Coordinated Entry (dial *211) for assessment appointment first for housing and homeless services.
Through support, dignity and love, Catholic Community Services/Family Housing Network, in partnership with our community, empowers families challenged by homelessness to achieve independent, healthy lives, and a permanent place to call home.

Shared Housing Services
(253)272-1532 | www.sharedhousingservices.org
901 South 11th Street Tacoma, WA 98405
Hours: Monday-Friday 8am-5pm
MUST CALL Coordinated Entry (dial *211) for assessment appointment first for housing and homeless services.
Connecting people and fostering independence through innovative and affordable housing, because everyone needs a place to call home. Creating a culture of community members sharing resources to prevent homelessness. Shared Housing Services is an equal opportunity employer and service provider. We are committed to the values of equity, diversity and inclusion in order to achieve and sustain excellence. We do not discriminate on the basis of race, color, age, religion, gender, sexual identity, national origin, disability, or family status.

Metropolitan Development Council
(253)383-3921-TDD (253)591-0147 | www.mdc-hope.org
945 Fawcett Ave, Rm #204, Tacoma, WA 98402
Hours: Monday-Thursday 8am-4pm; Friday 8am-3pm
MUST CALL Coordinated Entry (dial *211) for assessment appointment first for housing and homeless services.
MDC – Metropolitan Development Council is a vital community resource for Tacoma and Pierce County. Founded in 1964 as a non-profit Community Action Agency, MDC responds to community needs by providing services in the areas of healthcare, housing, education, and employment that address the challenges faced by low-income
individuals and families. Continuing economic struggles for many in Tacoma’s low income communities requires that we all to work together if we are to sustain what has been accomplished and continue to grow. MDC is responding to this challenge with new board and staff leadership, investment in staff training and development, a leaner management structure, greater volunteer involvement and a commitment to continuous process improvement within our organization, as well as each of our 40 programs.

Pierce County Community Connections
(253)798-4500 Downtown office | (253)798-4400 Sound view office | www.co.pierce.wa.us/hs
Hours: Monday-Friday 8am-4:30pm
Sound view office 3602 Pacific Ave, Tacoma, WA 98418
Downtown Office 1305 Tacoma Ave S, Suite #104, Tacoma, WA 98405
Programs include but not limited to: housing advocacy, minor home repair for individuals who live outside Tacoma and Lakewood city limits but are in Pierce county, the aging and disability Case Management Resource Center (ADRC), energy assistance, early childhood education, CAREER+ CDC Community development disabilities, homeless programs, violence prevention, Weatherization and WSU extension.

Faith House Ministries NW
(253)302-5335 | www.faithhouseministries.org
5954 North 26th street, Tacoma, WA 98407
Hours: M-F 9am-5pm; Saturday by appointment
Faith House Ministries NW is a housing resource for Veterans and a housing support services for single men & women, teens, and young adults. There are classes to attend.

Exodus Housing
Phone: (253)862-6808 | Fax: (253)826-2169 | Tonya@exodushousing.org | www.exodushousing.org
Our agency’s lifelong work is not only to help families regain self-sufficiency and control of their lives through our services, but to also join forces with other agencies to end the cycle of domestic violence and homelessness. Encouraging independence, empowerment and self-sufficiency for families fleeing domestic violence by providing access to permanent housing, tailored services and community resources; Serving Pierce County. A community free of homelessness and domestic violence.

Hope Guest House
(253)627-3620
915 S. 7th S Tacoma, WA 98405
Hope Guest House provides congregate care for women with physical or mental disabilities. Case management through any mental health facility.

Network Tacoma
(253)474-9334
Hours: Monday-Thursday 9am-3pm
5435 South M Street Tacoma, WA 98408
The mission of Network Tacoma is to provide a program that addresses the root causes of the cycle of homelessness in order to keep the next generation of children off the streets. The typical barriers for families experiencing homelessness are stable employment, transportation, and affordable housing. In addition, we address other issues through case management (e.g. job training, resources, and emotional support). After graduating our transitional program, many of our families often move into our long-term low-income housing while they continue to progress. Though there is less oversight for these families, as they have shown stability and a trajectory toward self-sufficiency, there is still support offered as needed.
New Beginnings
(253)353-2229 | info@newbeginningshome.org | www.newbeginningshome.org
At New Beginnings we try to focus on every woman’s emotional, physical and spiritual needs. We focus on the emotional needs by meeting 1 on 1 to discuss goals, options, and feelings. We focus on physical needs by providing healthy food, a healthy and stress free environment, and giving the opportunity to work out weekly. We focus on spiritual needs by participating in a weekly church service and bible study.

Share & Care House
Payee & HEN: (253)564-4194 | Fax: (253)564-4237 | www.shareandcarehouse.org
Hours: Payee: Mon, Wed, Fri 11am-3pm | HEN: Tue and Thurs 9am-4pm
3418 McKinley Ave, Tacoma WA 98404
Programs: Housing & Essential Needs (HEN), Permanent Supportive Housing (PSH), Rapid Rehousing.

Tacoma Rescue Mission Veterans Resources
(253)383-4493 | www.trm.org/what-we-do/veterans/
425 South Tacoma Way, Tacoma WA 98402
Additionally, we have a thriving partnership with the local Veterans Affairs office. Together we offer specialized counseling and case management, housing and employment services, and much needed referrals to outside resources.

Matthew House
Phone: (253)301-0508 | (253)267-0565 | www.thehouseofmatthew.org
Hours: Monday-Friday 9:30am-4:30pm (By Appointment Only)
1127 Broadway, Suite #10 Tacoma, WA 98402
*We have a clothing bank and food bank that is open to the public by appointment only*
The House of Matthew Permanent & Supportive Housing operates and owns several different types of shared housing units throughout Pierce County. Individuals that enroll into our program are seeking direction towards making new life changes. Our goal is to empower with knowledge, education, and resources.

Low-Income Home Ownership
City of Lakewood Housing Programs
(253)579-2489 | info@cityoflakewood.us | www.cityoflakewood.us/community_economic_development/community-housing-programs/
City Hall Hour: M-F 8:30am-5PM
The Housing Program provides emergency minor repairs, major home repairs and home rehabilitation for low-to-moderate income Lakewood single-family homeowners. A down payment assistance program for low-to-moderate income applicants to purchase a single-family home in Lakewood. [The City of Lakewood’s COVID-19 Emergency Payments for Rental and Mortgage Assistance Program will provide financial assistance to low income individuals and families in the City of Lakewood who have experienced income loss or other related hardship due to the COVID-19 pandemic. The City recognizes the COVID-19 pandemic has caused widespread economic damage and created an unprecedented need for housing assistance among individuals and families directly affected by these unanticipated economic changes.]

Tacoma/ Pierce County Habitat for Humanity
Phone: (253)627-5626 | Fax: (253)284-2805 | office@tpc-habitat.org | www.tpc-habitat.org
4824 South Tacoma Way Tacoma, WA 98409
No matter who we are or where we come from, we all deserve a decent place to call home. We deserve to know we have the power to take care of ourselves and build our own futures. What We Do: Homeownership, Housing Counseling, Foreclosure Prevention, Home Repair, Habitat Homes, Completed Neighborhoods, and Future Plans.
Homeownership Center of Tacoma  
(253)627-6560 | www.hcthomes.org  
1424 South J Street Tacoma, WA 98405  
As a culturally competent nonprofit, Homeownership Center assists an evolving population with diverse demographics while recognizing and honoring cultural differences in an inclusive environment. We provide support to our clients in navigating the complicated world of purchasing their first home. HCNW is in the unique position of providing a bridge that advocates on clients’ behalf, satisfying current mortgage lending practices while demonstrating responsible leverage of government and private funding. This private and public relationship helps maintain affordability for populations that have been traditionally underserved. **Services:** Homeownership, Homebuyer Education, Financial Counseling, Home Maintenance.

Rebuilding Together South Sound  
(253)238-0977 | info@rebuildingtogetherss.org | www.rebuildingtogetherss.org  
Rebuilding Together South Sound’s mission is repairing homes, revitalizing communities, and rebuilding lives with a vision of safe homes and communities for everyone. Our programs provide home modifications and repairs in the homes of low-income seniors, people with disabilities and families with children who live in Pierce County and the Cities of Federal Way and Auburn. Our work preserves the existing affordable housing stock and neighborhoods of our communities. By improving the quality of existing homes, we reduce the growing need for other affordable housing options. We have three home repair programs to help meet the needs of our community. **Programs:**  
National Rebuilding Day (held on the last Saturday of every April and is our single largest project day of the year), Safe at Home, Tacoma Home Repair, She Builds, RampUp, Veterans work. Call or see Websites for more Detail.

Volunteer Chore Services  
(206)328-5696 | www.ccsww.org/get-help/services-for-seniors-people-with-disabilities/volunteer-services/  
Volunteer Services (formerly Volunteer Chore Services) began in 1981 in response to cuts in services for elders by the state legislature. The program currently works with thousands of elders and adults with disabilities statewide. VS is committed to helping elders and adults with disabilities remain independent in their own homes through a network of caring community members. The services are provided at no charge and serve as a safety net for those individuals who cannot afford to pay for assistance and do not qualify for other assistance. Volunteers generally provide 2-8 hours per month assisting their neighbors depending on their schedules and availability. **Services:** Housework, Laundry, Shopping/Errands, Transportation, Yard Work, Respite, Minor Home Repair, Cooking, Communications, Household Repairs, Monitoring, Wood Provision, Some kinds of Personal Care, Protective Supervision, Moving Assistance.

Services for the Homeless

Guadalupe House  
(740)954-0776 | tacamacatholicworker@gmail.com | http://tacomacatholicworker.weebly.com/  
1417 South G Street, Tacoma WA 98405  
We offer hospitality in various ways to the homeless community. Guadalupe House functions as a transitional house offering a room and supportive environment to those transitioning out of homelessness. We walk with guests through healing and work towards their goals. All this runs on generous donations from friends across Tacoma like Cosmonaut Coffee and Legendary Donuts. Every Tuesday night, we host our weekly open house prayer service and dinner. Please come join us for a meal or to take a peek at life in community.
Hygiene Center  
(206)474-1680  
210 Alaskan Way, Basement Level, Seattle, WA 98104  
Open Monday-Friday, 7 am-2:30 pm  
the Hygiene Center offers homeless men and women a place to use the restroom, take a hot shower, and do a load of laundry. It’s open on a drop-in basis during regular business hours.

Open Hearth Ministries  
(253)307-2274  
A family who calls the Open Hearth Ministries line (253-307-2274) from approximately 9 a.m. – 7 p.m. will speak directly with, or receive a return call from, a volunteer screener who obtains basic information from the family and determines if the family meets our criteria. Our criteria is the family must currently be homeless, their most recent address must be in Eastern Pierce County, and school-age children must be enrolled in one of the local school districts. If the criteria is met, the screener will make arrangements with a local motel and contact a volunteer visitor who will visit the family and help them begin the long process of ending their homelessness. The screener also refers the family to Access Point 4 Housing (253-682-3401), the centralized intake office for Pierce County homeless.

Project Homeless Connect  
(253)426-1507 | www.associatedministries.org/supportive-services/phcvolunteer/  
Project homeless connect is a one day event, held in Pierce County, 3 times a year. We bring essential service provides such as Coordinated Entry Case Managers, Veterans Benefits, Health insurance enrollment, dental services, wellness exams, vaccines, career building services and so much more to meet with our community member’s currently experiencing homelessness. Please visit our website for latest information and updates.

Coalition to End Homelessness  
www.pchomeless.org  
The Tacoma Pierce County Coalition to End Homelessness is a loose network of individuals, non-profit agencies, government agencies, and community businesses working together to serve people experiencing homelessness. Our end goal is to help folks establish safe housing as quickly as possible and help them to retain that housing so their homeless episode is short and never repeated. We also work to address many of the factors that drive homelessness. (Website has all the information you need)

Drug & Alcohol Treatment & Recovery Services

American Addiction Centers  
(888)987-1784 | www.americanaddictioncenters.org  
Our mission is to provide quality, compassionate, and innovative care to adults struggling with addiction and co-occurring mental health disorders. Through comprehensive and customized treatment plans, we instill hope that long-term recovery is possible. Our purpose and passion is to empower you, your family, and your community by helping you achieve recovery and optimal wellness of the mind, body, and spirit.
Alcohol and Drugs Helpline
(206)722-3700 Alanon and Alateen| 1(800)726-8094| www.al-anon-pierce-wa.org/
CALL FOR MORE INFORMATION ON LOCAL LOCATIONS AND TIMES. Family support for those living with someone struggling with an effects of alcoholism in their family.

Christian Biker Tabernacle
Phone: (253)377-8800| Fax: (253)625-7307| www.thetabby.org/
2702 E 122th St. Tacoma, WA 98445
The purpose of the Tabernacle was, and continues to be, to reach out to the those who are stuck in life controlling problems and hopelessness – with the Hope of Jesus. Our intent is to walk beside them, helping them to become mentally sound, emotionally balanced, socially adjusted, physically well, and spiritually alive. Our programs include daily Bible study, worship, private and group devotions, along with job readiness training, household and family skills and scheduling preparation, with lots of love and fellowship.

Jefferson Square
(253)272-6828| www.trm.org
Single men and single women. Must have case manager from outside agency (not DSHS), Must complete forms and application to be approved.

Lakeside-Milam Recovery Center
1(866)818-9051| (253)840-8687| Questions: 425-823-3116| www.lakesidemilam.org/
Drug and alcohol assessments and counseling along with treatment options for youth and adult.

Detox Center
(253)593-2413| www.mdc-hope.org/
721 Fawcett Ave # 100, Tacoma, WA 98402
24 hour medically supervised chemical dependency detoxification services.

New Life Program (Tacoma Rescue Mission)
(253)383-4493| www.trm.org/recovery/
Hours: Monday-Friday 9am-5pm
425 South Tacoma Way, Tacoma, WA 98402
Our New Life Program is designed for those that have suffered from the devastation of substance use disorders. This program is a twelve-month, faith-based, in-house program with the men’s and women’s programs located on separate campuses. You will need to call 253-383-4493 every Thursday between 8-10am to keep your name and application on the wait list. Can apply Online.

New Phoebe House
Phone: (253)383-7710| Fax: (253)383-8834| info@newphoebehouse.org| www.newphoebehouse.org/
CALL FOR ADDITIONAL INFORMATION ON PROGRAM. We provide housing, services and support to pierce county mothers and children impacted by chemical dependence. We help them achieve and maintain reunification through healing, self-sufficiency & clean and sober living.

Pierce County Alliance
(253)572-4750| www.piercecountyalliance.org/
Hours: 8:30am-4:30pm
510 Tacoma Ave S, Tacoma, WA 98402
Court ordered treatment programs for foster children getting into foster care, independent living outside of foster care, reunification with families, and helping through the education system. Chemical Detection Services available on referral by employers, schools, parents, clean and sober housing facilities, CPS, etc. drug/alcohol or outpatient therapy.
Prosperity Wellness Center
Main: (253)531-4750 | Screening: (253)536-6425 | www.prosperitywellnesscenter.com/
Hours: Monday-Friday 9am-5pm
12201 Pacific Ave S, Tacoma, WA 98444
Women’s residential short-term sober living (30 days or less), outpatient also available. Call main office to inquire about getting services. Call screening for eligibility and to be placed in the proper program.

Rainier View Christian Church
(253)531-0757 | info@rainierview.org | https://rainierview.org/
Mailing Address: 12305 Spanaway Loop Road S Tacoma, WA 98444
Though our staff is still working, our church offices are currently closed. We will post office hours as soon as the Covid 19 crisis has passed and we can reopen to the public. To contact us, please use the Contact Page or email info@rainierview.org or call the church office Monday-Thursday, 9:00am-1:00pm.

Pioneer Human Services a Chance for Change
(253)274-0408 | https://pioneerhumanservices.org/
758 St Helens Ave, Tacoma, WA 98402
We are a social enterprise that partners with communities to transform society by honoring the humanity of people, reducing the impact of discriminatory mass incarceration and empowering people to live safe, healthy, productive lives through inspiration, affirmation and by overturning barriers.

Sea Mar Community Health Center
Phone: (253)280-9860 | Fax: (253)280-9870 | www.seamar.org/pierce-bh-tacoma-treatment.html
Hours: Monday-Friday 8am-5pm (Office) | 24-hours, 7 days per week (Facility)
1415 Center Street Tacoma, WA 98409

Point Defiance AIDS Project
(253)381-5229 | www.nasen.org/sep/tacoma-needle-exchange
Hilltop Tacoma Location: The Corner of 14th and G Street in Tacoma, WA 98405 Wednesday: 1:00pm to 6:00pm
Pierce-County Health Department Parking Lot: 3629 South D Street in Tacoma, WA 98418 Monday: 1:00pm to 4:00pm

Washington Poison Center
Emergency Number: 1(800)222-1222 | Administration (206)517-2350 | www.wapc.org
155 NE 100th Street Suite #100 Seattle, WA 98125
The Washington Poison Center (WAPC) is a statewide provider of immediate, free*, and expert treatment advice and assistance on the telephone in case of exposure to poisonous, hazardous, or toxic substance. All calls are confidential. There is a 45$ fee for all animal calls.
Statewide Health Insurance Benefits Advisors (SHIBA)
1(800)562-6900 | www.insurance.wa.gov/statewide-health-insurance-benefits-advisors-shiba
Hours: Monday-Friday 8am-5pm

Sound Outreach
(253)538-8361
1106 M.L.K. Jr Way, Tacoma, WA 98405
To empower Pierce County residents to achieve their financial dreams and to secure personal financial security through an integrated model of coaching and counseling. All Pierce County residents possess the ability and confidence to build financial security, grow generational wealth, and create prosperity.

Korean Women’s Association
(253)359-0470 | www.kwacares.org
123 East 96th Street, Tacoma, WA 98445
They can help you understand health care coverage options and right; find affordable health care coverage; evaluate and compare health insurance plans. They provide free, unbiased and confidential assistance with Medicare and health care choices giving the latest information.

Community Health Care
Medical Appointment Line: (253)722-2161 | Dental Appointment Line: (253)722-2151
Insurance Enrollment Assistance: (253)722-2154 | www.commhealth.org
Our Mission is to provide the highest quality healthcare with compassionate and accessible services for all.

Hilltop Regional Clinic
Appointment: (253)441-4742 | Phone (253)441-4742
www.commhealth.org/services/medical-clinics/hilltop-family-medical-clinic/
Hours: Monday- Friday 8am-5pm (Closed for Lunch 12pm-1pm)
1202 Martin Luther King Jr. Way Tacoma WA 98405
Our staff of family care physicians, nurses, behavioral health specialists and more are here to ensure you and your family remain healthy.

Eastside Community Clinic
Appointment: (253)441-4742 | Phone (253)441-4742
1708 East 44th Street Tacoma, WA 98404

Lakewod Family Medical Clinic
(253)589-7030
Hours: Monday-Friday 8am-5pm (Closed for Lunch 12pm-1pm)
10510 Gravelly Lake Drive SW Lakewood, WA 98499
(Tanbara) Children’s Clinic
(253)471-4553
Hours: Monday-Friday 8am-5pm (Closed for Lunch 12pm-1pm
1708 East 44th Street Tacoma, WA 98404

Spanaway Family Medical Clinic
(253)847-2304
134 188th Street South Spanaway, WA 98387

Urgent Care Clinic
(253)442-8690
1202 M.L.K. Jr Way Ste 100, Tacoma, WA 98405

Neighborhood Clinic
(253)627-6353 | info@neighborhoodclinictacoma.org
1323 S Yakima Ave Tacoma, WA 98405
Neighborhood Clinic is grounded on the belief that healing occurs where physical and medical care is accompanied by consistent emotional support and a regard for the whole person. Therefore, in response to the call of the Spirit, we at the Neighborhood Clinic endeavor to meet each person as an individual, to heal, to bind up wounds, to teach and to advocate for those in need. We strive to foster an emotionally supportive atmosphere, focusing on holistic care for all of those we welcome through our door.

Project Access
(253)572-7265
223 Tacoma Ave S Tacoma, WA 98402
Our mission is to improve the health of individuals, families, and communities by ensuring pathways to health services for Pierce County residents in need. Our vision is for every Pierce County resident to have equitable access to medical care.

Trinity Health Clinic
Phone: (253)272-8819 | Fax: (253)272-0887
1615 6th Ave Tacoma, WA
Trinity is a neighborhood church which seeks to reach out to its neighbors in meaningful and creative ways.

SeaMar Clinic
(855)289-4503 | seamariPA@seamarchc.org
Sea Mar Community Health Centers is a community-based organization committed to providing quality, comprehensive health, human, housing, educational and cultural services to diverse communities, specializing in service to Latinos.
Tillicum Medical Clinic (SeaMar)
Phone: (253)280-9890
Hours: Monday-Friday 8am-5pm
14916 Washington Ave SW Lakewood, WA 98498

Tacoma Medical Clinic (SeaMar)
Phone: (253)593-2144
Hours: Monday, Wednesday, Friday 8pm-5pm | Tuesday and Thursday 8am-7pm
1112 S Cushman Tacoma WA 98405

Puyallup Medical Services (SeaMar)
Phone: (253)864-4550
Hours: Monday-Friday 8am-5pm
10217 125th St Ct E 2nd floor Puyallup, WA 98374

Tacoma Health Care for the Homeless (SeaMar)
Phone: (253)682-2180
Hours: Monday-Friday 8am-5pm
1307 S 11th St Tacoma, WA 98405

Dental Care

Pierce County Dental Society Referral Services
(253)272-9960 | www.pcdentists.org
Pierce County Dental Society is a component society for current members of the American Dental Association and Washington State Dental Association.

Bates Dental Clinic
(253)680-7000
1101 S Yakima Tacoma, WA 98405

Lindquist Dental Clinic for Children
(253)539-7445 | (360)377-0559
130 131st St S Tacoma, WA
Lindquist Dental Clinic for Children’s (LDCC) mission is to provide accessible, compassionate and effective dental care to Puget sound children in need.

Pierce College Dental Hygiene Clinic
(253)964-6500 | www.pierce.ctc.edu/dental-clinic
9401 Farwest Drive SW Lakewood, WA 98498
Pierce College Dental Hygiene Clinic in Lakewood provides low-cost preventive and limited restorative dental service to the public. We accept ProviderOne Insurance. Dental hygiene students perform all services under the expert instruction and guidance of licensed, professional dental hygienists and dentists.
Puyallup Tribal Health Authority
(253)593-0232 | www.eptha.com
Hours: Mon, Tue, Thurs, Fri 8am-5pm | Wed 10am-5pm
2209 East 32nd St Tacoma, WA 98404
It is the mission of The Puyallup Tribal Health Authority (PTHA) to provide quality health care and promote wellness in a culturally appropriate manner.

Community Health Care – Dental
Phone: (253)572-7002
Hours: Monday-Saturday 6:30am-5:30pm (Closed for Lunch 12:15pm-1:15pm)
1708 E 44th St Tacoma, WA 98404
Our dental clinics provide preventive and restorative services for all ages, children, and adults. We focus on early screenings and exams for all children and sealants for school-age children.

Lakewood Family Dental Clinic
Phone: (253)589-7188
Hours: Monday- Saturday 6:30am-5:30pm (Closed for Lunch 11:30-12:30)
10510 Gravelly Lake Drive St Lakewood, WA 98499

Hilltop Regional Health Center Dental Clinic
(253) 441-4743
Hours: Monday-Saturday 6:30am– 5:30pm (Closed for Lunch 11:30am- 12:30pm)
1202 Martin Luther King Jr. Way Tacoma, WA 98405

Tacoma Dental Clinic
(253)280-9840
Hours: Monday-Saturday 8am-5pm | For Appointments: 8:30am-4:30pm
1215 S 11th St Tacoma, WA 98405
We specialize in family dentistry including preventive dental exams, emergency or urgent care, and referrals.

Puyallup Dental Clinic
(253)864-4760 | For Appointments: (253) 864-4760 (8:30am-4:30pm)
Hours: Monday-Saturday 8am-5pm
10217 125th Street Court E Puyallup, WA 98374
Our professional team works together to serve patients of any age, religion, ethnicity, or sexual orientation and regardless of income, occupation, gender, immigration status, or citizenship status.
Mental Health Care

Recovery Response Center
(253) 942-5644
2150 Freeman Rd E, Fife, WA 98424
Recovery Response Center serves as a crisis alternative for First Responders and emergency rooms in Pierce County. In support of our mission statement we strive to create opportunities and environments that empower people to recover in a time of crisis.

Comprehensive Life Resources
(253) 396-5800
1305 Tacoma Avenue S Tacoma, WA 98402
CLR offers accessible community-based behavioral health services, guided by recovery-oriented principles and best practices, for Pierce County adults and youth.

MultiCare Behavioral Health
(253) 697-8400
We deliver confidential, compassionate care to address the mental health challenges people face throughout their lifetime. From early childhood through adolescence, adulthood and older adulthood, our programs help people in Pierce and King Counties achieve wellness and live to their fullest potential.

Greater Lakes Mental Healthcare
(253) 581-7020
Empowering HOPE through compassion, engagement and connection with those we serve. Empowering RELIEF through effective evidence based practices that promote skills and resilience. Empowering RECOVERY by building upon strengths and supporting individuals in their goals.

Greater Lakes 72nd Street Clinic
(253) 620-5800
1415 East 72nd Street, Suite B, Tacoma, WA 98404
The 72nd St Clinic provides a full range of recovery based, client centered, mental healthcare for adults, children, youth, and families with Medicaid coverage.

Greater Lakes Spanaway
(253) 535-1935
113 170th Street S Spanaway, WA 98387
Hours: Monday-Friday 8:30am-5:00pm
Hope Sparks Relatives Raising Children Program
(253)565-4484
6424 North 9th Street Tacoma, WA 98406
Since 1895, HopeSparks has been providing behavioral health, family services, and basic needs to children and families in Tacoma and Pierce County. HopeSparks is a recognized leader in behavioral health, early intervention, kinship care, home visiting, and parent education. Each year, thousands of children and families turn to HopeSparks for critical and life-changing support.

Tacoma Behavioral Health Center
253)396-1634 | www.seamar.org/services-bh.html
Hours: Monday-Friday 8am-5pm
2121 S 13th Street Tacoma, WA 98405

Gig Harbor Behavioral Health
(253)280-9888
Hours: Monday-Friday 8am-5pm
3208 50th Street Ct NW, Building C, Ste 202, Gig Harbor, WA 98335

Puyallup Behavioral Health Center Services
(253)864-4770
Hours: Monday-Friday 8am-5pm
12812 101st Avenue Court E, # 202 Puyallup, WA 98373

Matthew’s House
(253) 301-0508
Hours: Monday-Friday 10am-4pm
1127 Broadway SUITE#10, Tacoma, WA 98402

Healing Places Counseling Center
(253)564-4233
621 Pacific Ave Suite 102 Tacoma, WA 98402
Healing Places Counseling Center is a group of professionals serving people with mental illness and those struggling with challenging life experiences.

MDC Mental Health Clinic
(253)593-2740
Hours: M-F 9am-5pm
721 Fawcett Ave Ste 201 Tacoma, WA 98402
PLU Couple & Family Therapy Center
(253)535-7411 | (253)535-8782
Hours: M-TH 9am-5pm, Friday 9am-3pm
12180 Park Avenue S Tacoma, WA 98447
We offer affordable, high-quality care to individuals, couples, and families, using the latest advances in the field. Care at our center is based on a family-focused model of therapy, which means that we encourage family members or significant others to come together in therapy in order to gather as much information as possible about the difficulties you are facing.

Soul Care Psychotherapy
(253) 761-8808
615 N 2nd St, Tacoma, WA 98403

Bridges: A Center for Grieving Children
(253)403-1966
311 South L St Tacoma, WA 98405
Bridges provides a safe place for you and your child to grieve. We support families with children between the ages of 4 and 18 who are coping with a loved one’s serious diagnosis or who have experienced the death of someone they care about.

PFLAG (Parents, Families and Friends of Lesbians and Gays)
(253)234-9790
621 Tacoma Avenue South Tacoma, Washington 98402
Our mission is to build on a foundation of loving families united with LGBTQ+ people and allies who support one another, and to educate ourselves and our communities to speak up as advocates until all hearts and minds respect, value and affirm LGBTQ people.

HIV/AIDS Resources

Washington State HIV Hotline
1(877)376-9316 | (360)236-3426 | https://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/HIV

(AHAT) AIDS Housing Associated
(253)272-5533
301 North L Tacoma, WA 98403
AHAT Homecare provides assistance to people living with HIV/AIDS and Hepatitis C in Washington State. We offer affordable housing and access to healthcare for residents and the community in three programs – Three Cedars, Project Open Door and Healthy Living.
Pierce County AIDS Foundation (PCAF)
(253)383-2565
3009 S 40th Street Tacoma, WA 98409
PCAF, through education and service, prevents HIV infection, assists persons affected by HIV/AIDS, addresses related health problems, and combats associated stigma and discrimination.

Prescription Assistance
Community Health Care
(253) 722-2154

Sound Outreach Services
(253) 593-2111
Mon-Thurs 8:30am-5pm
1106 Martin Luther King Jr Way Tacoma, WA 98405

All Saints Community Services
(253)845-7521 ext. 014 | www.allsaintsparish.com/outreach/financial-assistance
Office: 204 6th Ave SW - Puyallup, WA 98371

Salvation Army
(253) 572-8452
1501 6th Ave, Tacoma, WA 98405

Services for the Disabled
The Pierce County Aging and Disability Resources Center (ADRC)
(253) 798-4600
1305 Tacoma Ave S # 104, Tacoma, WA 98402

Advanced Health Care
(253) 475-7744
9116 Gravelly Lake Dr SW, Tacoma, WA 98499
All of our services including caregivers, skilled nursing and transportation and recovery care, are provided under the direct supervision of knowledgeable and experienced registered nurses. Combining our efforts with those of the clients’ personal physicians and other health care providers, we are able to ensure that the home care experience is as productive and satisfying as possible.
Catholic Community Services  
(253)383-3697  
7050 S G St, Tacoma, WA 98408  
Catholic Community Services (CCS) and Catholic Housing Services (CHS) are official human service outreach arms of the Catholic Church in Western Washington. Under the leadership of Archbishop Paul D. Etienne and Boards of Trustees, staff and volunteers answer the Gospel call to loving and compassionate service with particular concern for the sanctity of human life from conception to natural death and for the dignity of the human person.

Family Housing Network  
(253)471-5340  
5050 S Tacoma Way, Tacoma, WA 98409  
Through support, dignity and love, Catholic Community Services/Family Housing Network, in partnership with our community, empowers families challenged by homelessness to achieve independent, healthy lives, and a permanent place to call home.

Center for Independence  
(253)582-125  
7801 Bridgeport Way W #200, Lakewood, WA 98499  
The Center for Independence is a non-profit organization serving as a resource for individuals with disabilities to fully access and participate in the community through outreach, advocacy, and independent living skills development.

Diversion Developmental Disabilities  
(253)404-5500  
www.dshs.wa.gov/dda/consumers-and-families/services-and-programs-non-residential  
The Developmental Disabilities Administration (DDA) assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs, and which promote everyday activities, routines and relationships common to most citizens.

Tacoma Pierce County Health Department  
(253)798-6500  
3629 S D St, Tacoma, WA 98418  
We protect and improve the health of all people and places in Pierce County. Every day, we are hard at work so you can enjoy a meal, drink tap water, breathe clean air, and stay healthy and disease free. That’s why public health matters.

Milticare Behavioral Health Access Center  
(888)445-8120  
2201 S 19th St, Tacoma, WA 98405  
At MultiCare Behavioral Health, we offer a comprehensive range of mental health services in clinics, hospitals and specialty centers across Pierce and King counties.
L’Arche Tahoma Hope Community  
(253) 535-3178  
12302 Vickery Ave E, Tacoma, WA 98446

The Mission of L’Arche is to make known the gifts of people with intellectual disabilities, revealed through mutually transforming relationships. To foster an environment in community that responds to the changing needs of our members, while being faithful to the core values of our founding story. To engage in our diverse cultures, working together toward a more human society.

Lutheran Community Services Northwest  
(253) 272-8433  
3848 S Junett St, Tacoma, WA 98409

Our mission is grounded in faith and the ideals of inclusiveness and justice. We respect, serve and advocate for all no matter their religion, ethnicity, sexuality or other personal attributes.

Pierce County Coalition for Developmental Disabilities  
(253) 564-0707  
3716 Pacific Ave, Tacoma, WA 98418

Empowering individuals with developmental disabilities and their families.

ResCare Homecare Tacoma  
(253) 272-2675  
747 St Helens Ave # 200, Tacoma, WA 98402

Our unique capability to deliver quality service and care where and when people need it most sets us apart in the health care field. It makes us significantly more adaptive and more responsive to both current and future health care needs.

Sound Outreach Services  
(253) 593-2111  
1106 M.L.K. Jr Way, Tacoma, WA 98405

To empower Pierce County residents to achieve their financial dreams and to secure personal financial security through an integrated model of coaching and counseling.

Tacoma Recovery Center  
(253) 533-9361 | info@tacomac.org | www.tacomarecoverycenter.org  
813 Martin Luther King Jr Way, Tacoma, Washington 98405

We are committed to creating community relationship that empower, educate, and heal the person who is suffering from substance disorders, trauma and mental health. Our mission is to create a pathway to recovery that restores families, children, and veterans to their intended life. **Programs: Veteran Program, Women’s Support**
Group, Meditative Relaxation, Bible Study, Mental Health, Anger Management, Grief & Loss Support, PTSD, It takes a Village, Color Girls Group.

Catholic Community Services Volunteer Chore Services
(206)328-5696 | [www.ccsww.org/get-help/services-for-seniors-people-with-disabilities/volunteer-services/?gclid=EAIaIQobChMIlfHX3afF8QIIVUj2tBh1glw2IEAAYASAAEpJTcfD_BwE](http://www.ccsww.org/get-help/services-for-seniors-people-with-disabilities/volunteer-services/?gclid=EAIaIQobChMIlfHX3afF8QIIVUj2tBh1glw2IEAAYASAAEpJTcfD_BwE)
Register Online.

Child Care

Child Care Aware of Washington
(253)383-1735
1001 Pacific Ave #400, Tacoma, WA 98402
Child Care Aware of Washington provides thorough and independent information and support: For families seeking quality child care, for child care programs seeking to improve quality, and for effective policymaking.

Community Montessori
(253)627-7554
Open: Monday-Friday 7:30am to 5:30pm
1407 South I Street Tacoma, WA 98405
We provide a safe, nurturing, developmentally appropriate, and educationally oriented program with a Montessori curriculum supplemented by other proven methods within a prepared environment which promotes each child’s intellectual, communication, physical, social, and emotional development from twelve months through twelve years, all day, year round.

MDC – Homeless Childcare Assistance Program
Call: (253) 383-3921

Education, Employment & Job Training

Centro Latino SER (Adult Employment & Education)
(253)572-7717
Hours: M-Th 9am-4:30pm, F 10am-3pm
1208 S 10th St Tacoma, WA 98405
Our Mission is to cultivate the advancement of the Latino and Indigenous communities by providing social services and educational programming while honoring heritage and culture through the Arts.
MDC – Educational Opportunity Center (EOC)
(253) 572-5960
721 Fawcett Ave # 201, Tacoma, WA 98402

Work Source Pierce County
(253)593-7300
2121 South State Street, Tacoma WA
WorkSource Pierce is a partnership of state, local, and nonprofit agencies to deliver a wide array of employment and training services for both job seekers and employers. WorkSource Pierce is closed to in-person services due to the COVID-19 pandemic. Please contact the office by phone or email for assistance.

Goodwill Industries
(253) 573-6500
714 S 27th St, Tacoma, WA 98409
Temporarily Closed.

Labor Works
1(888)637-9675
provide quality staffing solutions and consistently exceed our customers’ expectations.

Manpower
253-473-5023
4002 Tacoma Mall Boulevard, Suite 103A, Tacoma, WA
ManpowerGroup is the world leader in innovative workforce solutions, connecting human potential to the power of business. ManpowerGroup serves both large and small organizations across all industry sectors through our brands and offerings: Manpower, Experis and Talent Solutions.

Pierce College
253-840-8400
1601 39th Avenue SE Puyallup, Washington 98374
Pierce College creates quality educational opportunities for a diverse community of learners to thrive in an evolving world.

Pierce County Human Services
(253) 798-4500
1305 Tacoma Ave S #104, Tacoma, WA 98402
We work to ensure all of Pierce County has equitable access to community-based services that respect each person’s unique experience.
Tacoma Community House  
(253) 383-3951  
1314 S. L Street, Tacoma, WA 98405  
Tacoma Community House is a nationally-respected, community-based service center for immigrants, refugees, and long-time South Sound residents seeking enrichment and pathways to self-sufficiency.

Vadis  
(253)863-5173  
1701 Elm Street E Sumner, WA 98390  
Vadis is dedicated to assisting businesses in finding great employees and be a more inclusive employer. Our focus on customer service is your assurance of excellence!

Vocational/Community Colleges

Bates Technical College  
Downtown Campus  
1101 S. Yakima, Tacoma WA 98405  
(253)680-7000  
South Campus  
2201 S. 78th, Tacoma WA 98409  
(253)680-7400  
Central Campus  
2320 S. 19th, Tacoma WA 98405  
(253)680-7603

Clover Park Technical College  
Lakewood Campus  
253-589-5800  
South Hill Campus  
17214 110th Ave E  
253-583-8904

Tacoma Community College  
Tacoma Campus  
6501 S 19th St Tacoma, WA 98466  
(253)566-5000  
Gig Harbor Campus  
3993 Hunt Street NW Gig Harbor, WA 98335
Legal AID Resources

Fair Housing Center of WA
(253)274-9523
1517 Fawcett Ave # 250, Tacoma, WA 98402
The Fair Housing Center of Washington exists to prevent and eliminate illegal housing discrimination, ensure equal housing opportunity, and promote inclusive communities throughout Western and Central Washington.

Landlord/ Tenant Program (City of Tacoma) Coordinator’s Office
(253)591-5000
(Landlord-Tenant Services) 747 Market Street Room 1044 Tacoma, WA 98402
If you have a landlord/tenant concern and seek assistance, you can start the process by completing the following form, which will be forwarded to the Landlord-Tenant Program Coordinator. The landlord/tenant program offers services in the following areas: Information and Referral, Rent, Deposits, Repairs/Maintenance Issues, Building Code Violations, Landlord-Tenant Inspection, Training/Education

NW Justice Program
(253)272-7879 | www.nwjustice.org
715 Tacoma Ave S, Tacoma, WA 98402
Northwest Justice Project (NJP) works to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities. As a dynamic statewide law firm, we pursue our mission through legal advice and representation, community partnerships, and education to empower clients and combat injustice in all its forms.

Clothing Resources

Our Father’s Kitchen Clothing Bank United Lutheran Church
(253)475-3175
1231 South 76th Street, Tacoma, WA 98408

Pat’s Clothing Closet (Trinity Presbyterian Church)
(253)272-8819
1615 6th Ave, Tacoma, WA 98405
At present, Pat’s Closet provides guests with a pair of socks and some hygiene items, when available. Anyone may come to receive these items. No paperwork required.
My Sister’s Pantry First united Methodist Church of Tacoma
(253)627-1186
621 Tacoma Ave. S., Tacoma, WA 98402
My Sister’s Pantry is open on our regular days for grocery distribution only. Out of concern for your health, there will be no hot meal service and the clothing bank will be closed. When attending, please maintain a 6-foot distance from other people.

TACID (Tacoma Area Coalition for Individuals with Disabilities)
(253)565-9000
6315 S 19th St, Tacoma, WA 98466

Wear it Out Life Center Rainier Church
(253)846-3875
17708 28th Ave E, Tacoma, WA 98445

Clothing Room, Tacoma Rescue Mission Downtown Campus
253.383.4493
425 South Tacoma Way Tacoma, WA 98402
Clothing Room: Monday, Wednesday, Friday 1:30 – 4:00 pm

Just Threads Clothing Bank
925 Tacoma Avenue S Tacoma, WA 98402
Monday-Friday 8:30 AM to 4:30 PM
Just Threads Clothing Bank provides justice involved individuals and community members in need with clothing for job interviews, work attire, athletic apparel, and clothing and accessories for everyday life. The clothing and accessories from Just Threads are available at no cost.

Pregnancy Services

Care Net Pregnancy Center
www.carenetps.org | (877)668-2566
Federal Way-253-941-2664
1414 S 324th St, Suite #B105, Federal Way, WA 98003
Lakewood 253-984-6222
10828 Gravelly Lake Dr SW, Suite #101, Lakewood, WA 98499
Gig Harbor 253-858-5585
2727 Hollycroft St, Suite #130, Gig Harbor, WA 98335
Puyallup 253-770-8697
10215 125th St Ct E, Puyallup, WA 98374
Tacoma 253-383-2988  
1924 S Cedar St, Suite B, Tacoma, WA 98405

Our Lady of Guadalupe  
(253) 582-3384  
5705 Main St. Lakewood, WA  
The Center is open every Monday and Friday from 10:00 AM to 12 PM.  
This is a part of our parish PREPARES Ministry, whose purpose is to provide spiritual and material help to mothers, pregnant women, and their young children (infant to age 8).

Pregnancy Aid  
(253) 383-4100  
902 Market St Tacoma, WA 98402

Furniture Banks

NW Furniture Bank  
(253)302-3868  
117 Puyallup Ave Tacoma, WA 98421  
Dozens of agencies work with the homeless, domestic violence victims and low-income population providing temporary housing and recovery programs, but when their clients complete the programs they may have new housing and a new focus for their life, but they often have no furniture.

Transportation

Pierce Transit  
(253)581-8000 | www.piercetransit.org/  
3701 96th St. SW Lakewood, WA 98499  
Pierce Transit connects communities with safe, reliable, customer friendly transit options. Three transportation services meet a variety of Needs: Bus, Shuttle, and Vanpool.  
Bus Pass Information: Call for Details or visit the website for bus routes, Schedules, and park n rides, fares.

Pierce Transit Shuttle  
(253)581-8100 | www.piercetransit.org/shuttle/  
SHUTTLE provides door-to-door service, or in some instances, transportation to transit centers or bus stops to connect with regular bus service. The SHUTTLE vehicle may make several stops along the way before it arrives at your destination. SHUTTLE will take you where you want to go, within our regular service area and hours of operation, based on fixed route service. Who is eligible to ride SHUTTLE? The individual has a condition (physical or cognitive disability) which prevents her/him from getting to or from bus boarding locations when traveling within an area served by bus.
Transportation Assistance

Christ Episcopal Church
(253) 848-2323

United Way of Pierce County
2-1-1 | www.uwpc.org/let-us-help
The following information is intended to connect you with helpful links and the available transportation resources in our community. Call 2-1-1 United Way of Pierce County’s 2-1-1 call center is a comprehensive and human resources. Information and referral specialist can help direct callers to transportation resources that best fit their needs. The United Way of Pierce County 2-1-1 call center is open Monday-Friday from 8am-4pm with 24-hour voice mail. Search the 2-1-1 Database online.

Around the Sound
(253) 858-7088 Reserve a Ride.

Local Motion
(253) 539-8233
17407 66th Ave Ct E, Puyallup, WA 98375

Paratransit
1-800-933-3468 ext. 399

Transpro
(253) 858-7088

Pet Care and Services

Pet Behavior Hot Line
(952) 435-7738

Pet Partners
(425) 679-5530
345 118th Ave SE #200, Bellevue, WA 98005
Pet Partners’ mission is to improve human health and well-being through the human-animal bond.

Humane Society of Tacoma and Pierce County
(253) 383-2733
Our mission is to advance the welfare of animals and promote positive relationships between animals and people.

Telephone Assistance

Washington Telephone Assistance Program (WTAP)

WAC 388-273-0010 Purpose of the Washington Telephone Assistance Program

WAC 388-273-0020 Who may receive WTAP?

WAC 388-273-0025 Benefits you receive as a WTAP participant.

WAC 388-273-0030 How You Can Apply for WTAP.

WAC 388-273-0035 What We Reimburse the Local Telephone Company.

Life Line Cell Phone Service

1(888)321-5880 | www.assurancewireless.com

Assurance Wireless is a federal Lifeline Assistance program. Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria and is non-transferable.

Food Banks

Nourish Pierce County

253-383-3164
1702 S. 72nd St, Suite E Tacoma, WA 98408

Nourish Pierce County

(253) 826-4654
5339 Browns Point Blvd NE, Tacoma, WA 98422

Edgewood Community

(253) 826-4654
3607 122nd Ave E B, Edgewood, WA 98372

Graham/ South hill

(253) 846-3805
10425 187th St E, Puyallup, WA 98374

Jackson Street

(253)564-4402
7410 S 12th St Tacoma, WA

Lakes Area

(253) 581-1116
6900 Steilacoom Blvd SW, Lakewood, WA 98499
Northwest Tacoma  
(253) 383-3164  
2710 N Madison St, Tacoma, WA 98407

Southeast Tacoma  
(253) 531-4530  
1704 85th St E, Tacoma, WA 98445

Food Banks Serving All of Pierce County

Allen AME food pantry  
(253) 627-6855  
1223 M.L.K. Jr Way, Tacoma, WA 98405

B.A.S.H (Bikers against Statewide Hunger)  
(253) 536-6480  
103 140th St S b, Tacoma, WA 98444

Food Connection  
253-383-5048  
1323 S. Yakima Ave. Tacoma, WA 98405  
NOTE that the Food Bank is closed on the first Thursday and first Saturday of each month. T, Th 11:30am-5:30pm.  W, F 11:30am-3:30pm.  S 10am-1:30pm

Harvest House  
253-271-6457  
25713 70th Ave E Graham WA 98338  
Harvest House Food Pantry is open every Saturday from 9:30 am - noon.

My sister's pantry  
(253) 627-1186  
The Pantry is open the 1st and 3rd Mondays of the month from 2:30 pm – 5 pm and the 4th Saturday of the month from 9 am – 12:30 pm. 621 Tacoma Ave S, Tacoma, WA 98402

Pregnancy Aid  
(253) 383-4100  
902 Market St, Tacoma, WA 98402

Salvation Army Food Bank – Puyallup  
(253) 841-1491 ext. 201  
4009 9th St SW, Puyallup, WA 98373

University Place Food Bank
Mobile Food Banks Sites

Monday
1pm-3pm
Bethlehem Lutheran Church
101 E 38th St, Tacoma 98404

4:30pm-6:30pm
Giaudrone Middle School
4902 S Alaska St, Tacoma 98408

Tuesday
1pm-3pm
STAR Center
3873 S 66th St, Tacoma 98409

4:30pm-6:30pm
FORMER Spanaway Elementary School
215 166th St S, Spanaway 98387

Wednesday
1pm-3pm
Roy Community Center
112 E 3rd St, Roy 98580

Thursday
1pm-3pm
King’s Barber Shop
8202 Maple St, Lakewood 98498

4:30pm-6:30pm
Woodbrook American Lake Building
14721 Murray Rd SW, Lakewood 98439

Friday
1pm-3pm
Purdy Cost Less Pharmacy
14218 92nd Ave NW, gig Harbor 98329

4:30pm-6:30pm
The Church of Jesus Christ of Latter-day Saints
12521 134 Ave KPN, Key Peninsula 98329
Opportunities to Engage & Serve

Paint Tacoma Beautiful
Provides free exterior house painting to low-income homeowners during the summer months. Volunteers are needed for more than just painting. Applications for homeowners are posted at PaintBeautiful.org
Serve by joining a team to paint the home of a family in need, or by reviewing applicants.
Training provided. Time Commitment: Varies; may serve one day or multiple days.

Volunteer Income Tax Assistance
VITA Provides free income tax preparation for low and moderate income taxpayers. Greeters and Site Coordinators are needed in addition to tax preparers. Locations posted at VolunteerTaxHelp.org
Serve by assisting people to file their taxes.
Training provided. Time Commitment: Varies; generally several hours per week throughout tax season.

Administrative Assistance
Serve in a housing or supportive service program, provide general administrative support, or assist households in our Resources Center.
Time Commitment: Negotiable

AM’s Community & Interfaith Events

Keeping Dreams Alive Recognition Luncheon
Each spring this luncheon honors the volunteers, programs, and interfaith nature of AM, with a program that highlights the wonderful work our volunteers and partners have done in the community.

Interfaith Women’s Conference
Biennial conference for women of all faith traditions or goodwill, coming together to learn more about each other, themselves, and how we can work together to serve our communities.

Lead the Way Home Breakfast
Each fall we invite our supporters to a free breakfast to learn about the latest successes and challenge facing the clients of the housing and shelter service programs provided by Associated Ministries.

Annual Interfaith Celebration of Gratitude Gathering
For almost 35 years, AM has hosted this interfaith gathering to come together to share our gratitude and be in community with one another. Each year, a different faith community hosts the gathering at their house of worship.

Sponsorship Opportunities

Our Events
By sponsoring our events, community partners support and affiliate themselves with AM’s noteworthy work and our enthusiastic supporters.

Our Programs
Community partners are recognized for making a tangible difference by supporting our engagement programs: Paint Tacoma Beautiful, Volunteer Income Tax Assistance, and multitude of housing programs.