

Medical Services

1) Community Health Care

1019 Pacific Ave. Ste. 300

Tacoma, WA 98402

Medical Appt. Line: 253.722.2161

Dental Appt. Line: 253.722.2151

Insurance Enrollment Assistance: 253.722.2154

Provides coupons accepted at local clinics and prescription assistance

<https://www.comhealth.org/>

2) Metropolitan Development Council (MDC)

2342 Tacoma Ave. S

Tacoma, WA 98405

253.284.9023 or 253.627.5445

Mon-Thurs: 7:45 am-11:30 am and 1:00 pm-4:00 pm

Hygiene center and dental services

<http://www.mdc-hope.org/health/medicalclinic>

3) Neighborhood Clinic

1323 S Yakima Ave.

Tacoma, WA 98405

253.627.6353

Mon/Thurs: 5:00 pm-8:00 pm

Free urgent care- first come, first serve

<https://neighborhoodclinetacoma.org/>

4) Tacoma-Pierce County Health Department

3629 S D St.

Tacoma, WA 98418

253.798.6410

Mon-Fri: 8:00 am-4:30 pm

Immunizations <http://www.tpchd.org>

5) Pierce County Project Access

4301 S Pine St. #455

Tacoma, WA 98409

253.572.7265

Serves Pierce County residents who can't afford/don't qualify for Apple Health

<https://www.pcprojectaccess.org/for-patients>

6) Puyallup Tribal Health Authority

2209 E 32nd St.
Tacoma, WA 98404
253.593.0232
Mon/Tues/Thurs/Fri: 8:00 am-5:00 pm
Wed: 10:00 am-5:00 pm
<http://www.eptha.com>

7) Sound Outreach Services

1106 MLK Jr. Way
Tacoma, WA 98405
253.593.2111
Mon/Wed/Thurs/Fri: 9:00 am- 12:00 pm
Tues: 12:30 pm-3:00 pm
Assistance w/prescriptions and services for the disabled
<http://www.soundoutreach.org>

8) Tacoma Health Care for the Homeless- SeaMar

1307 S 11th St.
Tacoma, WA 98405
253.682.2180
Mon-Fri: 8:00 am-5:00 pm
<https://www.seamar.org/pierce-medical-tacoma-homeless.html>

9) Trinity Neighborhood Clinic

1615 6th Ave.
Tacoma, WA 98405
253.272.8819
Tues: 5:00 pm-7:00 pm
Walk-in physicals and general medical services for those w/o insurance
www.tpctacoma.org/neighborhood-clinic