

Mental Health

Services

Pierce County Crisis Line: 1.800.576.7764
 National Crisis Line: 988
 Text Crisis Line: 741741

Agency	Address	Phone #'s & Hours
Adonai Counseling & Employment Services www.adonaicounseling.wixsite.com	4104 So. M St. Tacoma, WA 98418	253.777.1434 HOURS- Monday-Friday: 9:00 am-5:00 pm
Catholic Community Services Family Behavioral Health www.ccsww.org	5410 N 44 th St. Tacoma, WA 98407	253.759.9544 HOURS- Monday-Friday: 9:00 am-5:00 pm
Comprehensive Life Resources www.comprehensiveliferesources.org	737 Fawcett Ave. Tacoma, WA 98402	253.396.5800 HOURS- Mondays-Thursdays: 8:00 am-5:00 pm Fridays: 8:00 am-3:00 pm
Greater Lakes Mental Health www.glmhc.org	9330 59 th Ave. SW Lakewood, WA 98499 113 170 th St. S Spanaway, WA 98387	253.581.7020 HOURS- Monday-Friday: 8:00 am-5:00 pm 253.535.1935 HOURS- Monday-Friday: 8:30 am-5:00 pm
Rebuilding Hope Sexual Assault Center www.rebuildinghope.org	101 E 26 th St. Ste. #200 Tacoma, WA 98421	253.597.6424 1.855.757.7273-24-Hour Line HOURS- Monday-Thursday: 9:00 am-5:00 pm Fridays: 9:00 am-3:00 pm
Sea Mar Behavioral Health www.seamar.org	7424 Bridgeport Way Lakewood, WA 98499 2121 S 19 th St.	253. 246.6820 HOURS (ALL LOCATIONS- Monday-Friday: 8:00 am-5:00 pm 253.396.1634

	Tacoma, WA 98405 1112 Cushman Ave. S Tacoma, WA 98405	253.280.9805
Wellfound Behavioral Health Hospital https://www.wellfound.org/	3402 S 19 th St. Tacoma, WA 98405 (located on the MultiCare Allenmore Hospital Campus)	253.301.5400 HOURS- 24 hours- Open everyday