

Senior Resources

<u>Adult Protective Services</u>	Abuse, Neglect, or Exploitation including financial abuse	1.877.734.6277 or 1.866.ENDHARM
Resource Center		
<u>Pierce County Aging and Disability Resource Center</u> 3602 Pacific Ave. #200 Tacoma, WA 98418		253.798.4600 1.800.562.0332- Toll Free
<u>St. Vincent DePaul Resource</u> 4009 S 56 th St. Tacoma, WA 98409 www.svdptacoma.org		253.426.1710 HOURS- Mondays, Wednesdays, Fridays, Saturdays, & Sundays: 10:00 am-3:00 pm
Transportation		
<u>Beyond the Borders</u> 3602 Pacific Ave. Ste. 200 Tacoma, WA 98418	Assists eligible riders in East & South Pierce County outside of Pierce Transit service area. Call to get more information. Must be approved before accessing this service.	253.476.4657 1.855.567.0257 HOURS- Monday-Friday: 8:00 am-4:30 pm
Food Delivery		
<u>Catholic Community Services</u>	Must be 60 years of age or older. Must be homebound and unable to drive. Must not be living with a caregiver that drives. Must not have a paid caregiver authorized to cook and shop for them.	253.474.1300 HOURS (to call to schedule delivery)- Monday-Friday: 9:00 am-5:00 pm
<u>Korean Women's Association</u> 3625 Perkins Ln. SW Lakewood, WA 98499	Must be 60 years of age or older; Must be homebound & unable to drive; Must not be living with a caregiver that drives; Must not have a paid caregiver authorized to cook and shop for them.	253.536.4202 HOURS (Office): Monday-Friday: 8:30 am-5:00 pm

<p>Mom's Meals www.momsmeals.com</p>	<p>Call number or email for more information. For Private Pay, order online or call the number indicated. Meals are delivered by FedEx.</p>	<p>1.888.726.4677 1.866.971.MOMS (private pay) Email: programinfo@momsmeals.com HOURS- Monday-Friday: 7:00 am-6:00 pm CST 5:00 am-4:00 pm PST</p>
<p>Senior Centers Meal Sites</p>		
<p><u>Korean Women's Association</u> 123 96th St. E Tacoma, WA 98445</p>	<p>Must be 60 years of age or older. A suggested contribution of \$3-\$5 per meal is suggested.</p>	<p>253.536.3020 HOURS- Cambodian Meals- Tuesdays: 10:30 am-1:00 pm International Meals (Slavic Meals every 2nd & 4th Thursdays)- Thursdays: 10:00 am-1:00 pm Indo-Chinese Meals- Fridays: 10:30 am-1:00 pm Korean Meals- Wednesdays: 10:00 am-1:00 pm Vietnamese Meals: Mondays: 10:30 am-1:00 pm</p>
<p><u>Eastside Community Center</u> 1721 E 56th St. Tacoma, WA 98404</p>	<p>Must be 50 years of age or older. For those 60 and older, meals are \$3.50. For ages 50-59, meals cost \$6.</p>	<p>HOURS- Monday-Friday: 12:00-12:30 pm</p>

<https://www.piercecountywa.gov/709/Senior-Citizen-Resources>

<https://www.tacomacommunityhouse.org/services/immigration/>

<https://www.dshs.wa.gov/altsa>

<https://www.piercecountywa.gov/1986/Aging-and-Disability-Resources>

